

THE SACRED HEART SCHOOL OF MONTREAL

2001



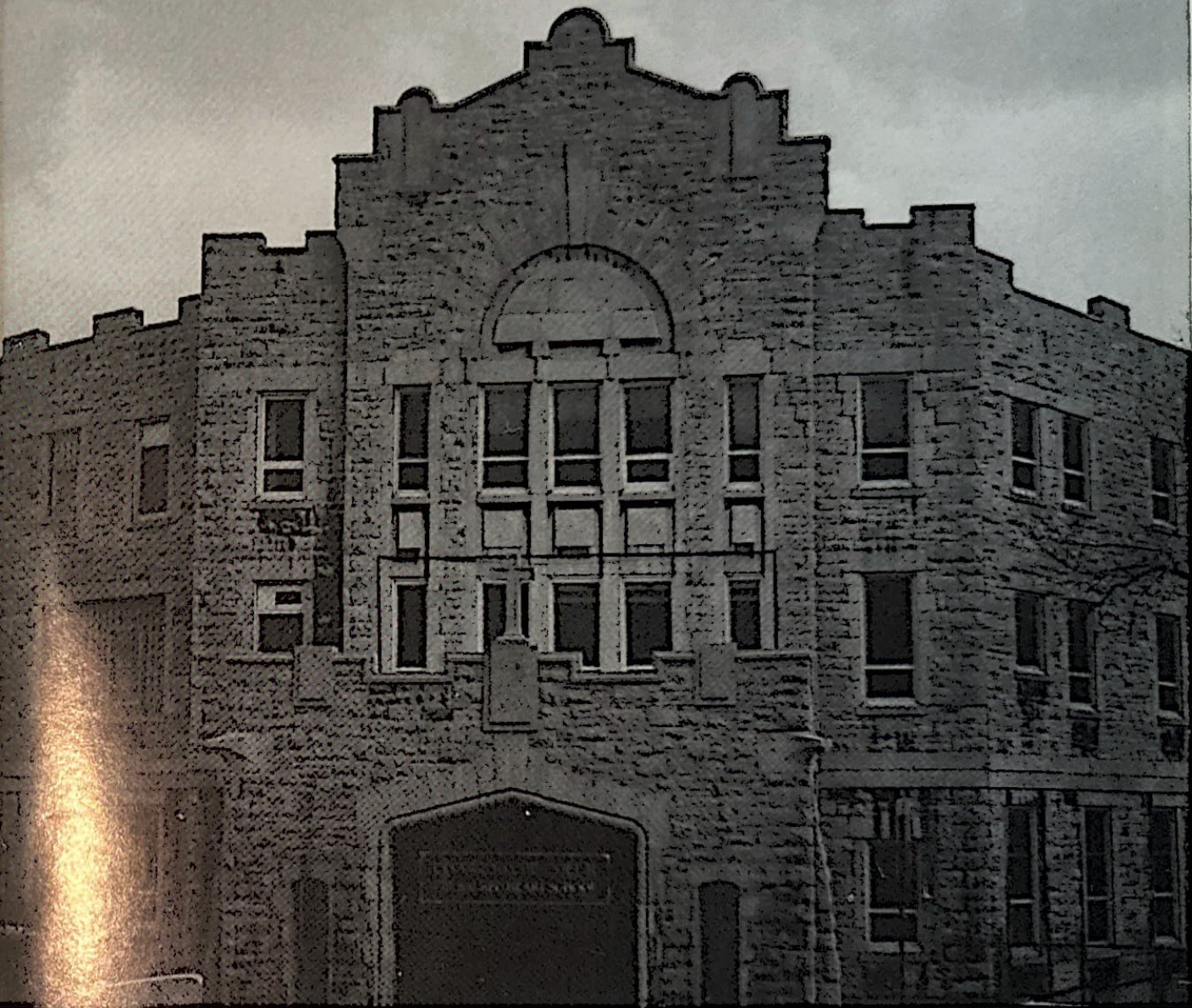
MEMORIES FROM THE HEART





The Sacred Heart School of Montreal

3635 Atwater Avenue
Montreal, Quebec
H3H 1Y4



HEADMISTRESS' MESSAGE



This memory book provides us with the opportunity to visit some of those special times in 2000-2001. Through the photographs, the story of the school year is captured and the precious moments are there for us to visit whenever we wish. Christmas Wishes, retreats, Spirit Week, sports, Dashabusta drama, la semaine du français, and the many other activities to repose between these pages.

I would like to take this opportunity to thank this year's memorybook co-editors, Meredith Brooks and Alessandra Pansera, their advisor, Ms. Bichsel, and everyone who helped make this publication possible.

To the Class of 2001, I congratulate you on your individual and collective achievements. I wish each of you success and happiness for the future and I trust that the time you have spent at Sacred Heart will serve as a guide to help you navigate your future paths. As you undertake life's journey, consider what Ralph Waldo Emerson said about success:

"To laugh often and much;
To win the respect of intelligent people
and the affection of children;
To earn the appreciation of honest critics
and endure the betrayal of false friends;
to appreciate beauty;
To find the best in others;
To leave the world a bit better,
whether by a healthy child, a garden patch
or a redeemed social condition;
To know even one life has breathed easier
because you have lived;
This is to have succeeded."

Elaine Brooks
Headmistress

ADMINISTRATION



Ribbons, Prizes, Dashabustaad, Gouter and General Instruction are just a few of the terms which only graduates of The Sacred Heart School of Montreal are able to relate to. Your Memory Book is what the title states, a compilation of memories of your days when you were a student at this school. Cherish these memories as long as you can. Remember the friends that you made while you were a student and take the opportunity to return to the school whenever you can, especially when it comes time for your class reunion. Each and every graduating class holds a special place in our heart and the Class of 2001 is no exception. You have been well prepared for the next step in your life. I extend my best wishes to each and every one of you and good luck in the future.

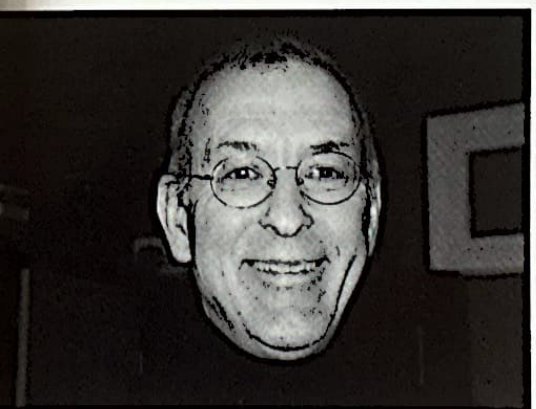
Peter Kousik



Dear Class of 2001,

It seems like only yesterday that you were writing your entrance exams and here you are getting ready to embark on the next leg of your journey. My wish for each one of you is that you enjoy the journey and find what will make you happy. Life will not always treat you fairly but your response to these challenges will determine the person you are. Seek to contribute rather than to receive. Always be honest and compassionate. Know that you are unique and that there is no one quite like you. Celebrate that and share your special gifts in order to make this world a better place. "So you're off to Great Places! Today is your day! Your mountain is waiting. So...get on your way." (Dr. Seuss)

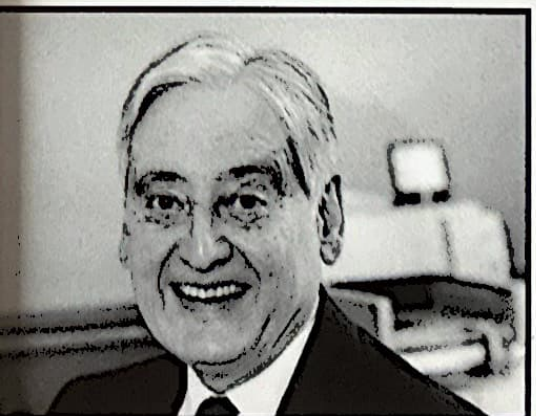
Rosanne DeTorto



Dear Graduates,

As you prepare to leave The Sacred Heart School of Montreal and enter the next phase of your life and education I wish to extend an invitation to remain connected to the School. It is the mandate of the Alumnae and Development Office to facilitate this connection. We work with the Alumnae Association and the Administration of the Sacred Heart to identify social opportunities and co-ordinate them for your benefit. We also offer you the opportunity to show your appreciation of what the Sacred Heart has given you by asking you to support various fund raising projects which will help keep the Sacred Heart a leader in the field of education. Please accept my personal congratulations and best wishes for a successful and fulfilling life.

Don Belec



To the Graduating Class of 2001

Through diligence and hard work, you have achieved one major milestone in your life, High School Graduation. When you look back at the five years you spent at Sacred Heart you will be reminded of all the fond memories; your friends, the Faculty and Staff, who helped you through these good times. The school itself is wiser for having had your presence and will be here to welcome you, when you visit. So go forward with a strong sense of the Sacred Heart values and make us proud of your achievements, in your chosen field of endeavor. Congratulations, God bless and good luck!

Abid Salman

FACULTY AND STAFF



Ms. Carmen Antonini



Mme. Marie France Arnaud



Mr. Nadim Bahou



Mrs. Maureen Barnett



Miss Natalie Bichsel



Mr. Tino Bordo



Ms. Iveth Bosmediano



Mr. Dan Boyer



* Mrs. Lynne Brodrick Cochrane



Mrs. Margaret Crowe



* Mrs. Dawn Cumming



Miss Aruna de



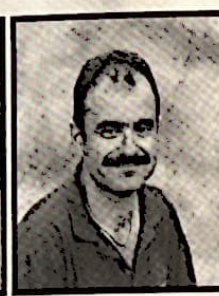
Mme. Christiane de Ste-Marie



Ms. Nina Di Palma



Mr. Tommaso Draicchio



Mr. John Filipe



Mr. Jose Filipe



* Mrs. Jean Filipe



Ms. Mary Gendron



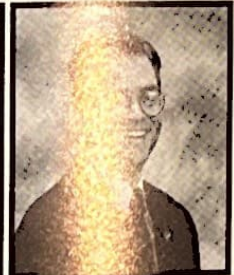
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Mr. Yvon Guilgault



* Mme. Catherine Habachi



Mr. Paul Hammett



Mr. Peter Jud



Ms. Terry Khassassi



Mrs. Judith Klugerman



Mr. Fernando Kucher



* Mrs. Sukhi Kular



Ms. France Lakatos



Mr. Lucien Lamo

“You make us want to shine!”



Martin Laperle



Ms. Lisa MacCallum



Ms. Joan MacLellan



* Ms. Roxanne Martel



* Ms. Joanne Mastro



Mrs. Kathleen
McNally



Ms. Alison Nish



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Ms. Audrey
Portanier



* Miss Patricia Potter



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Rousseau



Emmanuel Soret



Mrs. Ann Stewart



* Ms. Jean Thomas



Mrs. Daisy Troi



Mrs. Rosemary
Vaupshas



* Mrs. Jane Wilson



Mlle. Kendal Young

* INDICATES
DEPARTMENT HEAD

To Teach is to Touch a Life Forever

We Salute Your Many Years of Service



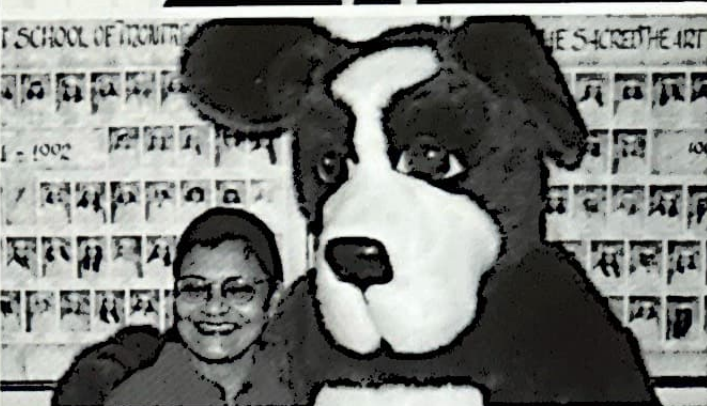
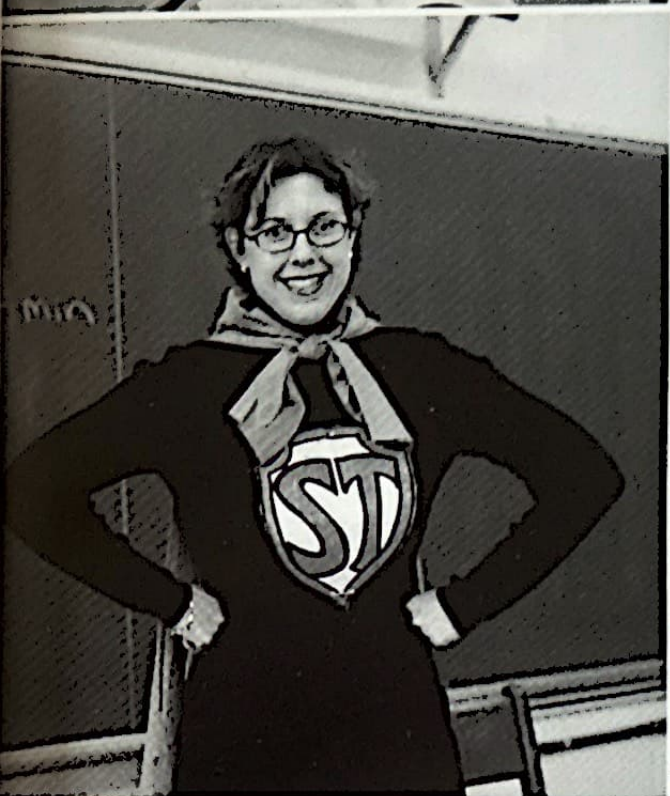
"We have not wings, we cannot soar;
But we have feet to scale and climb
By slow degrees, by more and more,
The cloudy summits of our time.

The mighty pyramids of stone
That wedge-like cleave the desert airs
When nearer seen, the better know,
Are but gigantic flights of stairs.

The distant mountains, that uprear
Their solid bastions to the skies
Are crossed by pathways, that appear
As we to higher levels rise.

The heights by great men reached and kept
Were not attained by sudden flight,
But they, while their companions slept,
Were toiling upward in the night."

Henry Longfellow



FROM THE DESK OF THE EDITORS



“Work is the greatest thing in the world. So we should save some of it for tomorrow.”

(Don Herold)

This year's memory book has been a year long project, involving many hours of dedication. Neither of us could have ever imagined the amount of work that is needed to create a yearbook. Thank you to Ms. Bichsel for all her hard work and guidance. We also thank Mrs. Brooks and the administration, especially Mr. Salman and Mr. Belec, the faculty and the students for all their support. Thank you, last but not least to the amazing yearbook staff of 2000-2001. “Nothing is particularly hard if you divide it into small jobs.” (Henry Ford) We wish the best of luck to the 2001-2002 yearbook editors. Merci beaucoup a tous le monde, et nous souhaitons que vous aimez ce livre de memoires. Thank you and we hope you enjoy this memory book.

Meredith Brooks and Alessandra Pansera
Memory Book Editors

THE SPIRIT OF THE SCHOOL

PREFECTS 2000-2001



G.A.A. Co-President
Natacha Tardio



Secretary
Christine Tran



President
Tania Azar



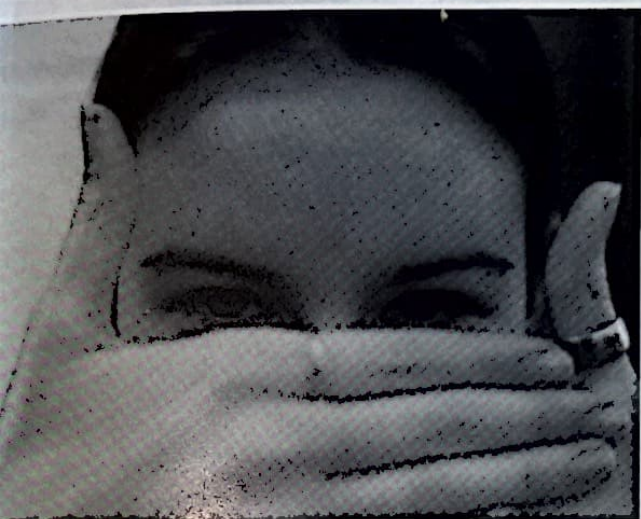
Vice-President
Vanessa Tardio



Treasurer
Romina Perri



G.A.A. Co-President
Melisa Colabella







UNDERGRADS

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Katelyn Abbey
Alique Akkelian
Anne-Michelle Arless
Ashley Arnold
Robyn Asquini
Alexandra Bagdoo



Skawennio Barnes
Vanessa Berretta
Elisa Beyukian
Adrienne Campbell
Nikki Canadian
Claire Carny



Rachel Caron
Vanessa Caruso
Melissa Cavaliere
Teresa Chimienti



Katarzyna Chmielarz
Arohie Chopra
Sophie Cowan
Cassandra Cuffaro



Amanda Danik
Ashley Davis-Annett
Kieran Dillon
Caroline Donohue
Natasha Egiziano
Josephine Esposito



Meaghan Evans
Anne Fournel
Allison Freund
Carly Fridhandler
Laura Giaccari
Christa Goulakos



Sophia Grigoropoulos
Dayna Hajaly
Marisa Hattem
Krista Hold
Kaitlin Holland-Hill
Lauren Jacco



SECONDARY I



Konwatharani Jacobs
Kwaronienhawi Jacobs
Julia Konow
Maria Kyres
Dania Lecomplex
Emelie Lee Larivee

Jennifer Lim
Alessandra Manno
Caterina Marando
Evanthia Markou
Miju Martin
Kathleen McCallan

Sara McCulloch
Katherine Meredith
Amanda Murray
Chanel-Ann Najjar
Samantha O'Reilly
Stephanie Panetta

Deena Patel
Tania Pellizzari
Romina Perrotti
Monica Peters
Teresa Piscineri
Anna Pollock

Sabrina Ponari
Sophie Predan-Chauvin
Ritz Leah Salvador
Bianca Santangelo
Andrea Sargisson
Sophia Sekkat

Ravneet Singh
Claudia Spina
Erica Stabile
Shannon Summers
Megan Thomas
Mila Tran

Dan Thanh Truong
Alexandra Valente-
Fernandes
Tenisha Valliant
Christine Vannelli
Vanessa Velkoff Woo

CLASS OF 2004

Martha Aguilar
Laura Aiken
Sarah Al-Roubaie
Noor ulain Arif
Sofia Baig
Dominique Bensadoun



Catherine Bornasal
Sarah Brossard
Halina Bruce
Nicole Brunelle
Khandur Burkhar
Michelle Cadieux



Natasha Cami
Elise Carré
Liana Casella
Emma Cerulli
Tecla Cesta
Stephanie Charron



Tanya Chawla
Gloria Choi
Elissa Ciamarro
Bethea Clarke
Amanda Conca
Marina-Cristina
Corsillo



Stephanie Coull
Bianca Daniell
Lara Derkevorkian
Alexandra Doroshenko



Patricia D'Souza
Amanda Elvidge
Justine Farah
Jenika Ferretti-Gallon



Myriam
Fournier-Tombs
Candice Fridman
Alicia Giammaria
Pamela Hamilton
Teedah Hammer
Sara Henderson



SECONDARY II



Emily Howard
Laura Interdonato
Nairy Kazandjian
Vanessa Lombardi
Jennifer Marton
Marie Matsumoto



Jessica McBain
Ara McComber
Mary-Katherine
McMahon
Natalie Melikoff
Ashley Morris
Nancy Napolitano



Constantina Nicolopoulos
Brenda Ortiz Reyes
Alexandra Pakis



Adriana Pansera
Veronika Pausova
Katia Pazzia



Vanessa Portugia
Tiffany Porraccio
Dana-Jay Reda
Christina Rizzo
Natasha Rizzo
Caroline Roy



Deidra-Ann Santos
Jessica Sew
Margaret Snell
Ashley Stacey
Katherine Stavro
Natasha Tsalikis



Laura Vannelli
Amanda Vecchio
Keyinsha Yokenderan
Andrea Zakem
Laura Zakem
Lisa Zimanyi

CLASS OF 2003

Karine Al-Ahmad
Lydia Anber
Andria Arcari
Amanda Barile
Elizabeth Biscotti
Kristine Bobak



Rebecca
Boucher-Hammaker
Gabrielle Cadieux
Kathryn Calabretta
Amanda Casola
Christine Chan
Emily Cholette



Sabrina Colonello
Vanessa Cori-Manocchio
Claudine Courey
Alexandra Crevier
Christine D'Ascanio
Olivia Del Torto



Amanda DeRosa
Alexandra Di Cori
Cynthia Di
Giandomenico
Sabrina Di
Giandomenico
Ivana Di Leo
Kaitlin Duffy



Alyssa Esposito
Catherine Evans
Catherine Fernandes
Jaclyn Finn
Anne Marie Fook Chong
Natasha Forgues



Rita Forlini
Karina Frascetti
Laura French-Bourgeois
Peggy Gikas
Alicia Hammer
Caroline Hatzihristidis



Evelyn Hatzithomas
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Celine Kendiroglu
Kathleen Koufos
Natalie Kushnir
Stephanie Lai



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Anastasia Lee
Angela Lee
Sacha Lee

Liana Leone
Celia Lombardi
Meagan Malone
Aviva Masella

Amanda Mazzanti
Alys McDonough
Alia Menon-Charet
Vivian Pelonis

Diana Peronace
Genevieve Pertugia
Melanie Pertugia
Sophia Protopoulos

Elyse Quesnel
Meaghan Rath
Pamela Rotondo
Poulami Sanyal
Christina Sauro
Anuradha Sharma

Natasha Siao
Nanor Tabakian
Sophia Teixeira-
Crisostomo
Nancy Townsend
Serena Trifiro
Alicia Troli

Amanda Varano
Georgia Vriniotis
Tara Wong
Christina Zakem
Sarah Zullo

CLASS OF 2002

Alexandra Adam
Blair Adam
Cindy Aguilar
Sara Antunes-Alves
Nicole Arvanitakis
Simrin Aulakh



Alexandra Barnabe
Claire Bider-Hall
Chloe Boone



Sarah Bourassa
Sabine
Buerkle-Shirlitzin
Tanya Castelino



Amanda Cavaleri
Melisa Ciani
Vanessa Clarke
Tricia Cook
Clarissa De Souza
Kassandra Eberwein



Jennifer Elvidge
Cynthia Fazzari
Iona Fournier-Tombs
Sabrina Garufi
Claudia Gerarduzzi
Christina Getsios



Jacalyn Guy
Althaea
Hankins-Palmer
Valerie Hanna
Raissa Harasymowycz
Anna Hatzihristidis
Lisa Marie Henderson



Erica Henriques
Summer-Marie Joseph
Sarah Kemmerer
Aisha Khan
Catherine Kishfy
Anna Kuskowski



SECONDARY IV



Poulcheria Kyres
Natasha
Lam-Heung-Ko
Lydia Lawrence
Roubina Liberian
Christina Little
Jennifer Malo

Stephanie Markarian
Stephanie Maurel
Katherine McKendy
Kimberly Miller
Kylene Murrell
Katharine O'Brien

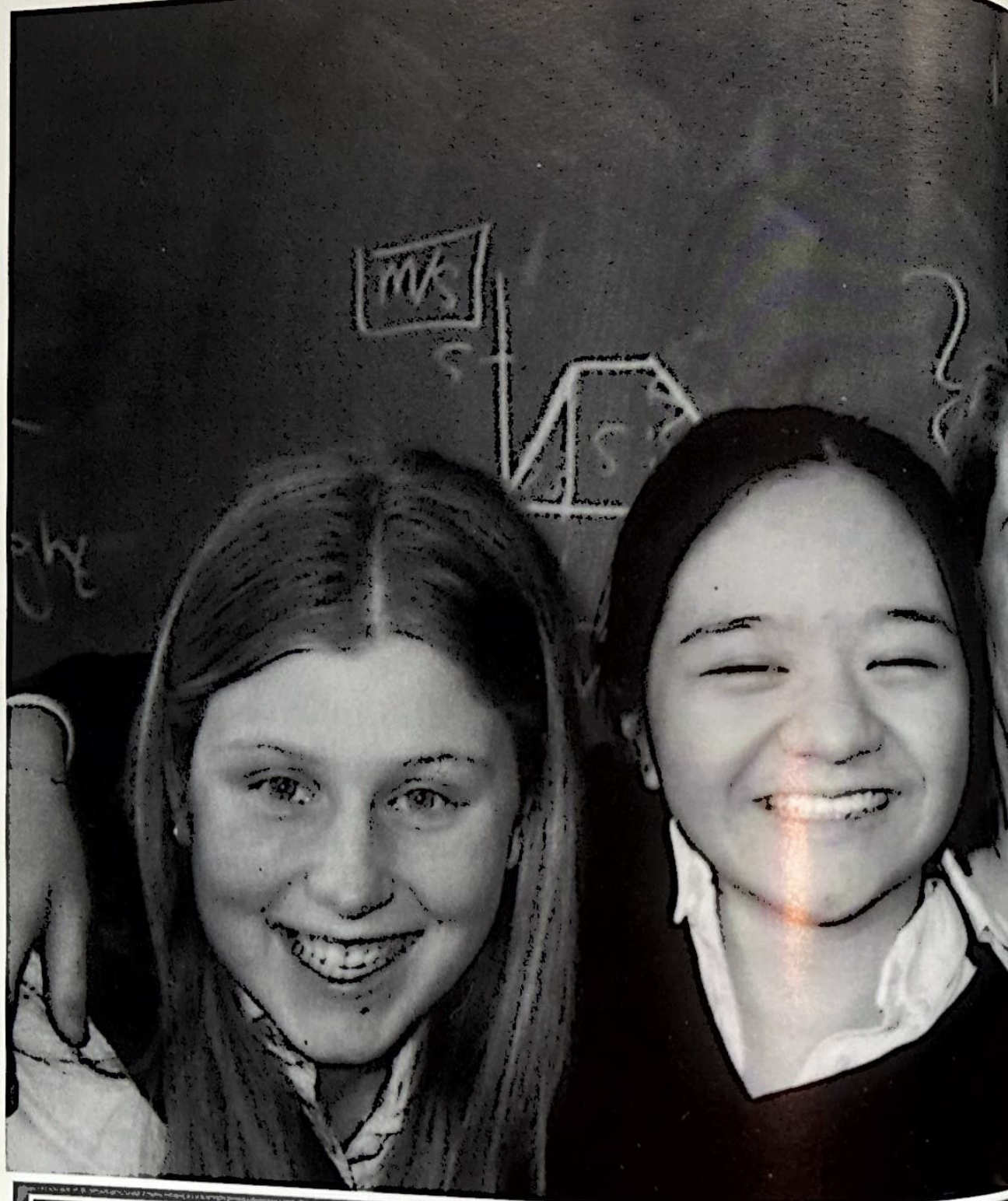
Erin O'Donnell
Clare Pollock
Melissa Quinto
Sharlini Ratheenthiran
Tanya Reda
Cathy Religa

Sonia Religa
Meagan Robinson
Maryann Rusnak

Baminee Sabaratnam
Laura Sacco
Amelia Sargisson

Erin Savage
Natasia Schumacher
Lisa Sew
Neelu Shanker
Stefania Simeone
Luxmie Srikandarajah

Elizabeth Stote
Heather Townsend
Erika Tucker
Hannah Warren
Arianne Weekes
Magda Woszczyk





GRADUATES



Kelly Ann Abdelhay
Five years come and gone so many memories made. To all my friends thanks for giving me the best five years of my life, you guys are amazing! K,L,C,P see you Jacks! "Each friend represents a world in us, a world possibly not born until they arrive, and it is only by this meeting that a new world is born."

Arveen Ahluwalia
MEMORABLE MOMENTS: taxi? Laval St. Leo Pius? Limo Ride passing notes What Party? ROOM 307 are you on CHOMAGE?, AG PHYSIC? ED STOP tickling me CL Baron, caf WATER Ed want CHAMPAGNE? SP "D"? JT SALT in hair MD where are my SHOOSE, wiggle MOM DAD SIS BROS THANKS FOR YOUR SUPPORT LOVE YOU ALWAYS



Naila Al-Aissa

Guess this is good practice for my VH1 award/ God Bless: Mom, Dad, UB, D; AP,JA, RJ; PY, A-MC, AG, DD, HAF, J(G,SF,W), KA, LA, ML, VM and more. Mango Sherbert, Loyola Dances, Material Girl by Madonna, Munchies, Movie Marathons, my locker combo and those who have memorized it, LENNY KRAVITZ, Superman; TEA AT DETENTE!



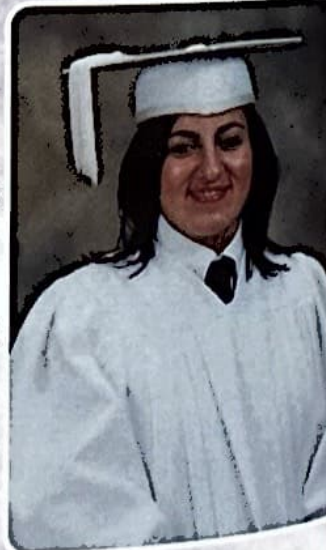
Helen Arceyut Frixione
Sometimes the slightest things change the direction of our lives. It was comforting to know I could lean on you through the twist and turns AG, VM, JW. MB Stratford pics. CH Tornado are bad. Poking forks, Bagel walks home, Gotta move on. Farewell a todas mis amigas! Thank you Mrs. F and Mrs. LBC. Gracias Abuelito and Grandma and Mama



Tania Azar
So many memories: carnival' 00-McD's never tasted so good! Math 436-who's that sing'n? Pick on Aless days! Drama crew '00-Chicken man? 3rd floor will never smell the same! See you on the big screen! Linz-best friend forever! My friends: VT NT TC AP RP CUZ PM AG PB OB CL SP THANKS for the laughs! Dad-you gave me courage Mom-willpower Sis-inspiration!

Pamela Battah

Five years gone by and so many memories have been made. Some I will always cherish and some I hope I won't remember. Kel there's SO much you've done since the short time you've been here. You're truly AMAZING! My Aussie gal and just THE BEST! To all my friends SANX. Mom, Dad, Tan and Matt thank you!





Madeleine Bellemare

"I am a part of all that I have met; Yet all experience is an arch where thro' gleams that untravell'd world."

-Alfred Lord Tennyson

Lana Bergmame

Sacred Heart welcomed me into their family three years ago at a time of change and adjustment. While attending Sacred Heart I was introduced to many new and interesting people and experiences. I am grateful for being able to get to know you all and am fortunate to have made such good friends!



Olivia Brassard

Locks -the beginning of our friendship. Now five years later we are smiling back on the good times... VT stop coughing! Pick on AP day. VBall gals- laughs. Stalking? (Lak) Gina (and Mary), glycerine, SG, dances... My friends I'll miss you ALL! Ma, Pa, Clo, Mar, Bo- Thanks. Grads '01 we make it clear that "Girls just want to have fun!"



Meredith Ann Brooks

"Cleverness is the shadow whereas intelligence is the substance" Thanks and love to Mum and Dad; in the middle of difficulty lied opportunity. Mme.Habachi grace a votre aide, j'ai pu reussir. CNand AS:Post Modernism, HA:Gotta move on to the UK To my friends "be not afraid to grow slowly, be afraid of standing still."



Valeria Francesca Caruso

BC5Ciao girls, it's been fun! Lcoco, Florida, Tacobell and Payless rocked! Peanut butter and Jelly! EDMango, boxers and gelato! Fruits are straight! J, you can buy two pairs of shoes on sale! E, frogs 101! C, my jeans! M, our BMW book. DB I Love You Always! BOSCO! Mom, Dad, Vane, Ants: Thanks for all the LOVE and SUPPORT! CHERRY BERRY

Lindsay Charron

Grads we made it! "Friends are like violins the music may stop now and then but the strings last forever." CL, SP, TC, VT, NT, AP, PM, OB, RP, MC, ED, CS, SD, AG, DD, TABed time chats, ES SM? The smiles: lunge, glycerine, a little birdy, baron, curse, 4747, pickering, poaday, mcds. MOM, my angel DAD, my role model STEF, my inspiration KIRST, my strength. Class of 2001" I tip my hat off to you!"

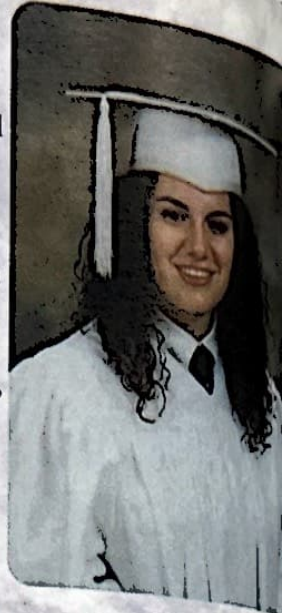




Cynthia Cipolla
BC5-EL,LL,VC,JS thanks for-five great years.VC nice window!shh my dad's asleep! LL Bosco prep at your house, two weeks-shaving cream,JS it's not H2O!EL carnival99-bushes!me 360! EL,VC,LL sec two history. TA sec1 Ms.PMS.AP . ED,SP Angrinon Soaps. Mom and Pops thanks.PD I love you forever. FRIENDS AND MEMORIES ARE FOREVER.

Melisa Colabella

"The jump is so scary between where I am and where I want to be.But for all I may become, I will close my eyes and leap" Recall: Ibidee, 4747, Feelings, Math436, StLeo. Friends,you have left a piece of yourselves in me. Want it back? Ha,too bad. Mom, Dad, Ants, ti amo.I take my leave Knowing me,I'll be late for my future.



Tania Conca

Laughs tears jokes we shared it all:I had the time of mylifeTA BaconOB whichguy?LCCLSP Nice Guy!PM ImallworriedVT NeedsleepNT HairSDMCCSKS ehTaniaAP Girls just want tohavefunAG to fourteen ways toprocrastinateMomDadAma thanksforyour support NML whatll Ido without you to all the grads look back and smile we made memories tolastalifetime The most beautiful discovery truefriendscan makeisthatthey cangrow withoutgrowing apart.



Kelly Craig

Thank you for a great two years.All the "special" memories will be kept close to my heart(math 436 LS haha)Recall:Ibidee and Club.Thanks Pam for all, you're the best and I love you(two Aussies at heart) Thanks to all my bubbies Thank you Mom,Justy (je t'aime), Dad,Baba for everything.I Love You Mom!



Sabrina De Cristofano

"A friend is someone who knows the song in your heart and can sing it back to you when you have forgotten the words." Memories:ehTa! Le Baron,Stratford,Gina's/metro. To my family,Ti amo,Grazie. Thank you for allowing me to be myself,for talking,for listening,for just being you CS,KS,MC:I LOVE YOU and I will never forget you,don't worry-Ciao

Elisa Di Bello

So many memories I hope I never forget:DON'T EVER MISS A BOSCO!/SP/Loyola Dance?106 Bench/CL/VC's Party/AA/champagne?/JT/47-47/VC-LL/boxers and gelato/CHOPIN/2:00AM pizza and stairs/SPECIAL THANKS:SP-CL-AA-BC5-LC-TA-ED-AG-TC-JT-MD-CHOPIN-TV-PC-MS/Most Important:My parents,zie, nonni,Gianluca, Massimo.I love you





Elizabethetta Di Niro

Four years have come and gone and I never thought it would have gone by so fast. I would like to thank AG for being such an amazing friend and for always being there. I'll never forget all the adventures! AA You'll always be on chomage! The Crazy Freak! Most importantly, thank-you mom dad Edward for always being there.

Melissa Di Tomasso

Three years in this place. Memories. JTBFF, summer2000, enough said. Le Baron crew: 4747 and car dent. All the parties... AA, how are your shoes? Wiggling? BC5, Megs, Eve, afternoon call. CP, OOMPALOOMPA. Suzy M. TF you freak! Metro adventures, Secondary. 4 drama. AG, Charlie's angels. Mom and dad, love you. Rick, love ya even more bro.



Danielle Dufort

It's been great! Thank you to: my family for putting up with me; MC, PS, JQ for being there; Traincrew: KP; my SHSM friends: AG, HAF, JW, VM, NA, CH, P, OB, CF, PS, AP; Prefects 2001; and the greatest teachers. "The woods are lovely, dark and deep. But I have promises to keep, And miles to go before I sleep, And miles to go before I sleep." RF



Tasia Ferguson

So I guess this is how it ends, is my hair ok? Mom, Love Bugs, Family: Thank You, I love you! MD, AA, BC5 :cookies, roof, bunny, chicken, suckysucky, say my name properly, gym, recoil and freaking yall out. Latin+ Scarlett+Bailey =FIESTA! Kel, Mi Amor, you will always be my first love. Ladies: thanks for many memories and peeps keep it real! XO



Chiara Folini

Special thanks to all my friends AN PS JK ML JH OT for unforgettable memories. Mags-you hold a special place in my heart best friends forever. Caro- always being there for me. Grazie Steph Li Tan Liv Mom and Dad for always believing in me. Ti amo! I'll miss you all! If you can dream it, you can do it!

Parmal Kaur Gahunia

Through all the laughter and the smiles, the hugs and the tears you guys were there. Love you Kath, Lala, Kelly, Chris, LS: our b-day, CS: love you baby. Mommy, Daddy, Jaggie, Harki and Rhummy love you too. Chris thanks for the memorable metro rides Lala thanks for the songs Kelly thanks for not choking on your food Kath thanks for ironing my hair.





Angela Gillis

I never had any friends like the ones I had when I was twelve. Yeesh, does anyone?"-Stand By Me.Save the Animals and RECYCLE.BtVS.At bird camp...I never called Bobbie back!Hel,Vick, JW.Charlie's Angels Moments-MdT,DD, NA,TC,LC,AP,OB, JP,MB, TA,RP,MC,PM. See my family more than two hours next year.To all those who left me-miss ya--BlinkBlink

Allison Grana

Four YEARS have gone so fast,and there is so much to say,but the first thing that crosses my mind is my DAD for pushing me to do the best and always being there for me. E.D A.A C.F FRIENDS for EVER. to thank all the PROFS! To all the GRADS OF 2001, "LET'S GO ON WITH OUR LIVES and CHANGE THE WORLD."



Caroline Anais Hacikyaner

Thanks Ilana, sis, you're everything to me mandy emaan love you chiara xoxox pari love you too sweet steph mom dad dan Frost words of wisdom take the road less travelled it'll make all the difference off to this path now am I free to be poetical?Shoot for the moon and if you miss you'll land in the stars



Catherine Li-Ping Han

"It is one of the blessings of old friends that you can afford to be stupid with them."-R.W. Emerson C.M.G.Voices/Jailhouse/BSL/Le Carré/Parc/Carpe Diem C.P.hmm, are you thinking what I'm thinking? J.C. HC & Assoc. K.T. Korn M.B. Mt. Royal H.A.F.Trenholme Park K.A. Canada Day J.S.Space Electronics



Jennifer Hicks

As in everything there have been good times and bad times.Sending my love to: M.L.J.S, M.M, C.F, K.S, K.A, P.G, A.G, H.A, Mlle Young and my parents. Catch,pussycat, satisfaction dance,stratford,all the boys, blink,wildwood.Lil'bro I love you.To the one I love: always.Cherish life and push your limits.

Julie Kassouf

I would like to thank all my friends especially MM, CF,PS,AN,ML,CH,JP,who made this year so enjoyable. Thanks, mom, dad, sis, bros, for giving me the support I needed. Bye and good luck to all the grads of 2001. xoxo





Kristen Lange

"Nothing that actually occurs is of the smallest importance... I love acting. It is so much more real than life." - Oscar Wilde.

Emilie Laurin

Memorable Moments: sec1 awesome, sec2 history class VC, LL, CC. CC what's going on math class. sec4 jen my love got in. HI 5 js. Stratford eminem and nic. BC5 and 101 rocks VC and MDTLa dolce vita and frogs VC+ MDT. Mexico MT, KT, KD, AR, AG, my last Mario. Walk on the beach MT. eminem sister. Seb my sweetheart. Thanks for your support. love you



Aura Leone

CS HI GALS IT'S BEEN GREAT. VALE: FLORIDA, THAT TIME IS IT? OSCOSTYLE, PEANUT BUTTER AND JELLY ALWAYS. MANGO: BOXERS and GELATO. CYN: WATCH YOUR NOSE! NTS, JESSIE, LIANA BEST BUDS STICK TOGETHER FOREVER. TO MY CHAMPION I BELIEVE IN YOU. Mostly to Mom and Dad your Devil loves and thanks you.



Cynthia Lombardi

All the good times and friendships will never be forgotten. SP-BFF, David L's U-BaD iNfLuEnCe? LC-CuRsE/ STAIRS. AA-BuSsTaTiOn. TA-BUNGALA. ED-NOSE? JT-4747. All the rest of my friends- Thanks for the MEMORIES. Gonna MISS You. Thinky Winky NoTola-ReCcHi. MomDad-ChiVanMelAng- Thanks for support- I LOVE YOU. GrAdS, we're OuT oF hErE!



Myriam Luccisano

To those who have taught me lessons books could never teach, thank you. Furfur "A best friend is someone who loves you when you forget to love yourself" P.S/N.M; many thanks/memories C.F/ M.M; my sunshines Bobo; my one true thing. Much love to; Hou, Sass, K.A, E.B, H.A, J.P, P.G. Ma et Pa merci pour votre amour.

Priya Maloni

It's over! To my SHSM girls love ya. OB-legs LC&TA-lunge AP-french KS&SD-together forever PB-DOME RP-bed CS&JP-bball 4pts TC hair TWINS-b&v-ball MEL-St.L 536SG-NOT NORMAL! to my bro's: Dave Haisians G&SMOKE. My sis': Nik, Ri2, Ran, Chinky, Haly. MOM and DAD thanks for everything. Chooch(i)-you're the best! VM- A master#1. CARTER#1! lata!





Victoria Mandilaras
 Hey chiKas!HAF,AG,JW
 forever together: badminton=
 dangerous sport!C'MON!
 Advice: don't throw erasers
 in the chem lab!OB,RP thank
 for the talks!AP+JP keep on
 singing, to those I didn't
 mention, I still love yall!!It
 ain't easy being independent!
 Hey A what comes next?
 Mom,Dad,Al,Kat thanks for
 the love and support!Life is
 waiting for you-olp. YIA
 SAS

Carolina Martinez Gondra
 Memories; M.B., Erin
 Mouré. C.P., sec. I: Victoria.
 K.A., Photography. H. A.F.,
 baguette on Italian train.
 N.S., painting at Ceramic.
 C.H., le Carré, the voices,
 Cinéma du Parc,
 Shakespeare at Mt. Royal,
 H2O at L'X, BSL, Jailhouse,
 Tribes, tour-Wilensky's,
 Gavino's, Mold and
 Discords, Carpe Diem.



Magda Miedzybrodzki

To all my friends:thanks for
 all the happiness and smiles
 that you have stirred in my
 heart. CF, careful with those
 adventures-you are a true
 best friend.Dziekuje Mom,
 Dad and Basia for always
 believing in me! Five years
 of memories,laughter and
 tears,but good company on
 my journey has made the way
 seem shorter...



Amanda Naami

Grads of 2001, thank you
 for three amazing years.
 CH,CF,PS,MM,JK,SM,HF,AC
 JP,EK, thanks for all the
 memories. Mom, Dad,
 Steven and Tanya thanks for
 everything. I love you! I
 leave you all with these
 final words: "What is meant
 to last will last, so look
 towards the future but never
 forget the past."-NR.



Laura Ng Ying Kin
 LaUrA TicTac?!SNOW.J
 eLa2.We make physics
 FUN. Kiwi,Piggy,
 DogWalker, KOW, George,
 Jane and everyone. Kel,
 Christine,Parm,Kathryn,
 Christina:Thanks for
 everything: conversations,
 parties,Jack Astors,laughs
 and for always being
 there.My family-mom,dad:
 Love you for everything
 you've done.Bruce,Charles:
 for the constant protection.
 WoNdErFuL.

Christine Nicol

"The only way to have a
 friend is to be one".Thank
 you Mom,Dad and Katie for
 all your love and support.
 Thank you Parmal: Rangers,
 Kathryn:Piggy,Laura: Slide,
 Kelly:Innocent, LS, CS for
 all the memories, andMB,
 AS:Post Modernism. This
 year has been memorable:
 GB,I will never forget.It's
 been GREAT!





Alessandra Pansera

Let's get things straight (FS)
VT NT always go to the
Extreme...or at least Jean
Talon! party buds, TA LC
MC VM AG Math 436, SD
RP metro, Joe, TC PM french,
OB I forgive you, CC you're
mean, Time to say...
Salutti, Bacci, Ciao! Thanks to
all my family, you got me
through it all! Grads 2001:
"Vamos a bailar, es la vida
nueva!"

Jane Frances Parayno

Mom, Dad - simply the
best; Té - friends forever and
more; Na - love you; J - always
there for me; Hazel - best Big
Sis ever; MP - tutorials,
thanks; AG - Spice & Hardey
pride; JT - husky; JK - humus;
DD my artist; PM - 3 & 1; OB -
real TV; JW - Ow; VM -
mymoo; CT - minime; LT -
pop; KY, CC - miss you;
Teachers - thanks for your
patience! Merci; Grads - Good
luck



Stephanie Pascale

Memories... A.A what
happened to your skirt? L.C
middle? E.D how was the
ill? M.D what happened to
the car? to my b.b.f C.L
member DAVID loves
you. J.T47/47? A.G,
D.T.C, T.A, V.G.K.A,B.C
S.S, you are the best!!
Oscos forever. thanks
Mom, Dad, Ant, Dom,
Chris, Agi, Ma, Nonno, Cugini
love you always. Ciao



Carina Periera

21 The walk. JS who let the
dogs out? Fman at Alexis/J.
you're scaring the pigeons!
Catfight/raining stickers at
Vans. LH 24 LOL/hmm/gala
beep...! SuperB (I'm too
sexy...) CG where are you going
with those? Sec 1 play. MD
Oompa song/lit paper. Strat
night blab./tornados near C
Soda. Thanks all!



Manojl Perlera

Thanks Mom, Dad, Mili,
teachers, Prefects. I'm lucky
to have MB, LT, CT, LS, JP,
LN, CH, KL through tears
(elections, D-Day) laughter:
never taste stuff in science
except lipgloss, don't be late
for math, ISMF, SSUNS,
retreats, Stratford purple
hair, Purple Party, sing,
Disney, Gala! Goodbye,
good luck to class of 2001.

Romina Perri

Five years have come and
gone - To all my friends: AP
NT VT : dancing queens, TA:
see you at Ciampino, OB: L2K
No, LC: VB back is where
it's at, PM: Strd, TC: ?, SDC
CS MC KS and Prefects -
thanks for the memories. One
last thing: (UH). To Mom,
Dad, Sab-e anche a Nana -
grazie per tutto. I hope you've
had the time of your life.
Saluti, baci, ciao!





Kathryn Liane Potvin
AKA Potts. To my friends: thanks for the best days of my life. Mom, Dad, Kristen: I owe you the world and one day I'll give it all back. David you are my everything! MM, MH, CF, SA-my angels, thanks for lending me your wings. DD-train crew. CN, LN, PG, KA-meet you at Jack's. "Despite body and mind, my youth will never die"

Jill Sample

21: FMAN, BAHA, CATFIGHT, PIGEONS/LH: SPACE ELECTRONICS/CG: DOLLHOUSE/ WE GOT TO BE THE IN CROWD/HSB: SG: NEVER FORGET YOU/JD: WE BE REBELS (JS+HG+JD=POLICE) HANGING WITH: RM, PM, CH, CM, RR, JT/JS+SM= STUPIDITY/TIMES WITH: DS, NM, DH, JR, RR, PC/DS: K, YOU ARE ALWAYS IN MY HEART/ THANKS TO MOM, DAD FOR PUSHING ME WHEN I NEEDED IT MOST!



Laura Sanchini

LaUra..TicTac??JeLa2.SJ(eh?!)
KC, I'll never forget math class(436), lipgloss and elephant ears. Thanks to my family, my friends and my teachers. To my fellow graduates: "Go confidently in the direction of your dreams. Live the life you've imagined!" "Later days"



Mi Li Say

I really am going to miss this school. Even Ms. DT always badgering us about our appearance. I'll always carry the memories we share together: retreat, carnival, etc. Good Luck all in the future, hope you will achieve all of your goals. Just a word of advice, "Live for today and not for tomorrow."



Jennifer Sejean

BC5: Why People And Not Poles? Squirrels and walls=trouble! Coffee and Nic: Stratford=parc and 40 tacos; Val: "sleepovers"; "D+S=enemy at 3am"; red blanky: laugh the same! the mountain: I'll tell you anyway!: hair dye: P[h]assion: harder=coffee spill: BMW Convertible/ indigo: B-Day Surprise; Em: Eminem: Golden-seeing double: H5: Cyn-Pizza Place

Paras Shaikh

First of all I'd like to thank God, for being my guiding light, Mummy and Daddy- for their continuous support. To all my friends- MJ, CH, CF, M, A, J3, jbaby- for being my joy. I love you always! Never forget the good times. To the graduates- may our past always bring joy. I'll miss you all.





Catherine Frances Snell
 You watch over my sleep/
 And in your presence I
 dream soundly/When I wake,
 lose the vision/You settle me
 back to sleep./Send me after
 my dreams./You are a candle
 in the dark/And I sleep
 knowing I'll always walk in
 the light.Mom,Dad,Lra,Tom,
 Spnc, Mrg,Kat, Sab,Mel, and
 All who believe in me and
 my dreams-Thanks.

Monisha Sudarshan
 Many memories have been
 made in these last years
 which we will cherish in our
 hearts forever. I am grateful
 to my mum, dad and brother
 for standing by me and I
 wish my class of 2001 lots
 of sucess and happiness in
 the future.



Katherine Sullivan
 What if change weren't
 inevitable?What if we had
 come here without knowing
 we would leave in five
 years?Would we have had
 this much fun?Would we
 have spent more or less time
 in food courts or talking
 about our feelings or simply
 laughing?To all my friends:
 I love you and my "square"
 Don't worry and please don't
 cry.



Linda Tan
 Five years come and gone,but
 memories (ie:Stratford) last
 long thanks to friends:LN
 (physics),KOW,JP(pop),LS
 (E-M),CC and PC(sisters I
 never had),CT,MP,TW and
 AC(SH sisters) and those I
 missed.Mom,Dad,Can,Thanks
 for the support.These years
 have been great.I'll miss you
 all!Good luck to the class of
 2001.



Natacha Tardio
 P-A-R-T-why?cause we've
 finally made it!Girls just
 wanna have FUN so let's
 celebrate good times:CS-
 weirdo rolling down metro
 stairs,SD RP-beautiful eyes!
 TA-best buddy eva,KS TC
 PM LC OB MC JP AG you
 girls are the best!AP-I love
 you and remember to always
 take it to the extremes!Italian
 soccer players kick...ask
 Vanelits all good.To my
 family,thanks for getting me
 through five years!Salutti
 Bacci Ciao! Wait...(CS)

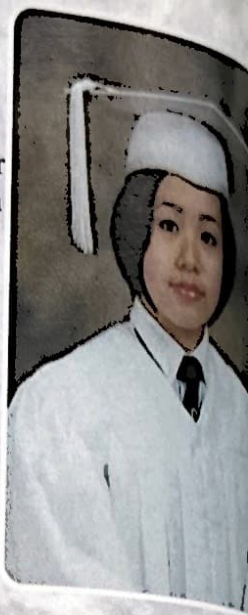
Vanessa Tardio
 We've done it!...last year..I'm
 all worried!all I can say is
 Salutti,Bacci,Ciao!It's been
 quite a ride...AP, PARTY,
 take it to the Extremes!TA,
 TaVaNa will reunite!PM,PB,
 OB,LC,CS,KS,MC,AG,UR
 ALL STARS!Couldn't have
 made it without you.SD,RP
 metro rides,eastendpals!
 Baron,Gala,Timmy's,2cup. To
 all my gina's,GreenWhite Red
 ALL THE WAY!! Thanks to
 my family,Ilove you. Nata, its
 all good! Finally, its happened
 to me!(kM)





Jennifer Tesseris
All the memories. MDT you rock my world, Ciabats, Airwalks, Flounder, Summer 2000 DaBomb. JS Chateaguay Rocks. Thanks to you all: AA, EDB, CL, CC, AG, TF, SP, EDN, LL, EL, VC, JS, RL, 4747, Salt in hair, ComplexCrew, Mom, Dad, Christina thanks for your support and motivation. I love you CIAO

Christine Minh Tran
Five years of wonderful memories full of laughter and tears have come to an end (Stratford). I will never forget them. Memory...is a diary that we all carry around with us. Thanks to my friends: JP, JRT, MM, MP, LT-you always made me laugh! I will miss the Prefects! To the Class of 2001: Good Luck!



Josee Ria Tuvida

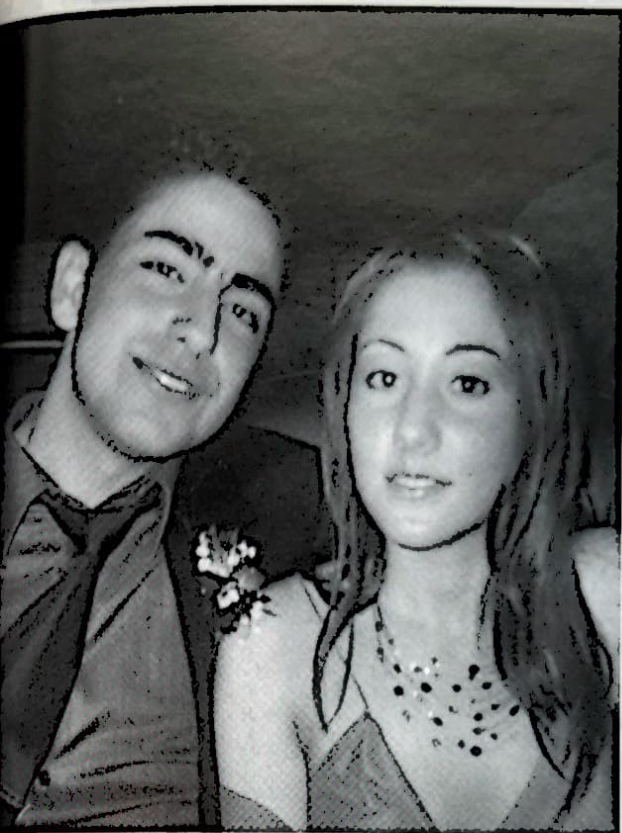
It's been fun! Détente, Library and ref. room, Art Rm: MiS art club clean up! Barat Hall with furniture to CCF. For the last time, I'm not Jane! JP: HUSKY! MonS: young one. LB: room of relief. TF: watch for bikers! NA: How you doin'? To the undergrads have a blast! To the grads, best of luck! Stay straight, stay sane, Sighyonara!



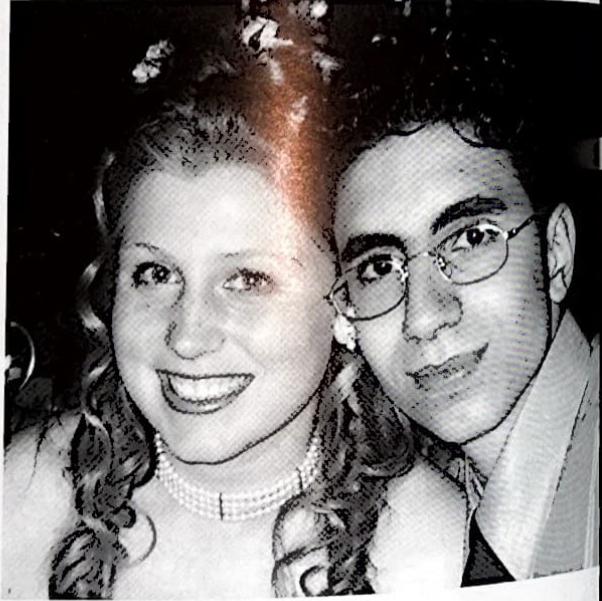
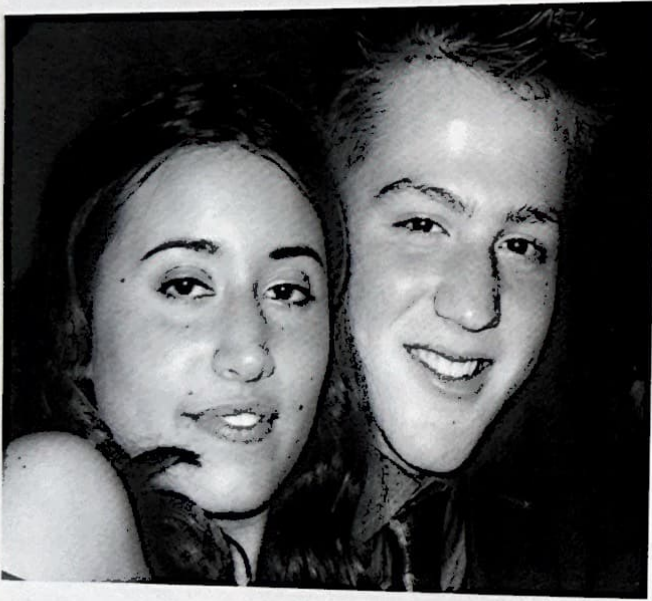
Jessica Wong

Wow, it's all over! Thanks for being great friends: VM, HAF, AG, LN, LS, KP, TC, RP, DD, AP, JP, NAG. Times: strawbs & kiwi; tw mountains train; Stratford chick hello & ice cream; (Eric!); Loyolaguys; SJ (el JeLa2; IR. Thanks to my parents for supporting me. "No friendship can cross the path of our destiny without leaving some mark on it forever" XO:)





'PUTTIN' ON THE RITZ'





GRADUATION CEREMONY

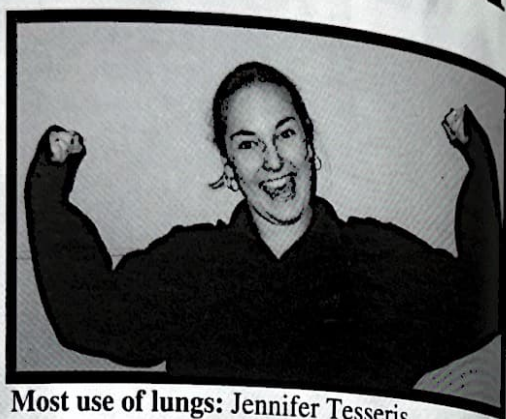




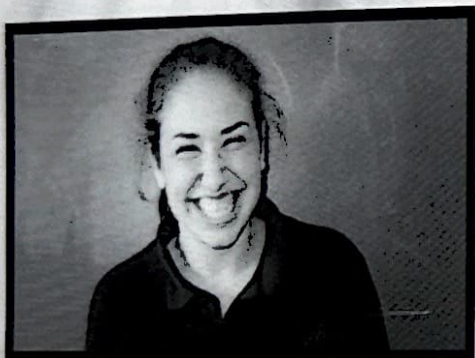
THE CREAM OF THE CROP



Most respected: Jane Parayno



Most use of lungs: Jennifer Tesseris



Best smile: Catherine Snell



Best hair: Sabrina De Cristofano



Nicest eyes: Laura Leone



Best smell: Pamela Battah



Best Laugh: Stephanie Pascale, Angela Gillis



Best dressed: Valeria Caruso, Kelly Craig

GRADUATES OF 2001



Most sarcastic: Katherine Sullivan



Biggest "attitude": Meredith Brooks, Emilie Laurin



Class clown: Melisa Colabella



Teachers' pet: Kristen Lange



Biggest flirt: Angela Gillis



Shortest skirt: Cynthia Cipolla, Emilie Laurin



Most loquacious: Jennifer Tesseris



Best cheeks: Romina Perri

MOST LIKELY TO...

- Kelly A. : Most likely to have everything and still not be satisfied.
- Arveen A. : Most likely to be thirty years old, live in St-Leonard and marry a minghia bro.
- Naila A. : Most likely to marry well, divorce even better, take over the world and then drown in a pool of tea.
- Helen A.F. : Most likely to eat sushi man.
- Tania A. : Most likely to overdose on sugar, and always be talking about Loyola.
- Pamela B. : Most likely to make the expression "I laughed my head off" come true.
- Madeleine B. : Most likely to fail English in CEGEP.
- Lana B. : Most likely to yell and be angry at someone.
- Olivia B. : Most likely to buy out the GAP and put it under her name.
- Meredith B. : Most likely to marry Benecio Del Toro and be lit on fire by Jim Morrison.
- Valeria C. : Most likely to make Wednesday a National Holiday!
- Lindsay C. : Most likely to become a Westmount soccer mom.
- Cynthia C. : Most likely to change crushes every day.
- Melisa C. : Most likely to move to the states to live with her Americanos.
- Tania C. : Most likely to never ask questions.
- Kelly C. : Most likely to have many short, curly haired men chase after her until death.
- Sabrina D. : Most likely to own a makeup-store but go bankrupt from using all the products.
- Elisa D. : Most likely to become a professional dancer at the Dome.
- Elisabetta D. : Most likely to think out loud and not realize what she's said until she finished her sentence.
- Melissa D. : Most likely to flush her pager in the washroom closest to Ms. Del Torto's office.
- Danielle D. : Most likely to realize she embarrassed herself an hour after she did.
- Tasia F. : Most likely to become the fourth member of Destiney's Child.
- Chiara F. : Most likely to be late for her own grad.
- Parmal G. : Most likely to overdramatize everything.
- Angela G. : Most likely to recycle herself.
- Allison G. : Most likely to be on her death bed and still think she has to look perfect.
- Caroline H. : Most likely to become a political activist.
- Catherine H. : Most likely to wear black at her wedding.
- Jennifer H. : Most likely to get refused as a cheerleader because of her overwhelming intellect.
- Julie K. : Most likely to forget the school's name the minute she gets out.
- Kristen L. : Most likely to become a director.
- Laura L. : Most likely to have straight hair when she's older.
- Cynthia L. : Most likely to marry someone called David.
- Myriam L. : Most likely to become a nun (no hair products needed).
- Priya M. : Most likely to become a member of the NBA.
- Victoria M. : Most likely to take a head count of the nurses while performing surgery.
- Carolina M.G. : Most likely to abuse Winnie the Pooh while overdosing on cheese.
- Magda M. : Most likely to ruin her DKNY clothing while getting injured for the hundredth time this week.
- Amanda N. : Most likely to always have a smile.
- Laura N. : Most likely to write a sequel to James Cameron's Titanic.
- Christine N. : Most likely to name her son Alexander and her daughter Emma, and have an affair with Ben McPhee.
- Alessandra P. : Most likely to always be singing and dancing.
- Jane P. : Most likely to wear an ugly pair of running shoes.
- Stephanie P. : Most likely to think a "pianist" is a bad word.
- Carina P. : Most likely to get hit by a car while crossing a busy intersection.
- Manoji P. : Most likely to overdose on caffeine and aspartame then be reincarnated into supersnaz.
- Romina P. : Most likely to switch from the sciences to creative arts.
- Kathryn P. : Most likely to lose her hair from over blow-drying.
- Jill S. : Most likely to be known as the devil in disguise.
- Laura S. : Most likely to become a member of a popular rock band.
- Mi Li S. : Most likely to become the loudest most outrageous artist in the world.

Jennifer S. : Most likely to dye her hair blonde.
 Paras S. : Most likely to become a French teacher.
 Catherine S. : Most likely to implode.
 Monisha S. : Most likely to become a radio talk show host, for the BBC.
 Katherine S. : Most likely to become a beautician/ fashion consultant.
 Linda T. : Most likely to organize Math competitions.
 Natacha T. : Most likely to smile and nod, even though she has no clue what is going on.
 Vanessa T. : Most likely to always have something in her mouth.
 Jennifer T. : Most likely to become a mime.
 Christine T. : Most likely to become a portress.
 Josee T. : Most likely to be the smiling owner of Flip- Anime.
 Jessica W. : Most likely to meet the man of her dreams, have him fall in love with her and never return his calls.

I'll Remember

by Madonna

Say good-bye to not knowing when
 The truth in my whole life began
 Say good-bye to not knowing how to cry
 You taught me that

And I'll remember the strength that you gave me
 Now that I'm standing on my own
 I'll remember the way that you saved me
 I'll remember

Inside I was a child
 That could not mend a broken wing
 Outside I looked for a way
 To teach my heart to sing

And I'll remember the love that you gave me
 Now that I'm standing on my own
 I'll remember the way that you changed me
 I'll remember

I learned to let go of the illusion that we can
 possess
 I learned to let go, I travel in stillness
 And I'll remember happiness
 I'll remember

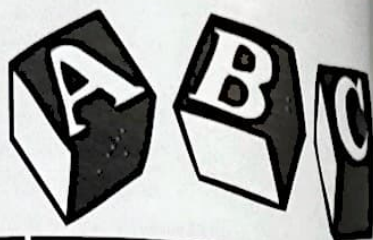
And I'll remember the love that you gave me
 Now that I'm standing on my own
 I'll remember the way that you changed me
 I'll remember

No I've never been afraid to cry
 Now I finally have a reason why
 I'll remember

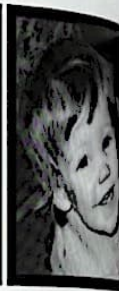
No I've never been afraid to cry
 Now I finally have a reason why
 I'll remember...

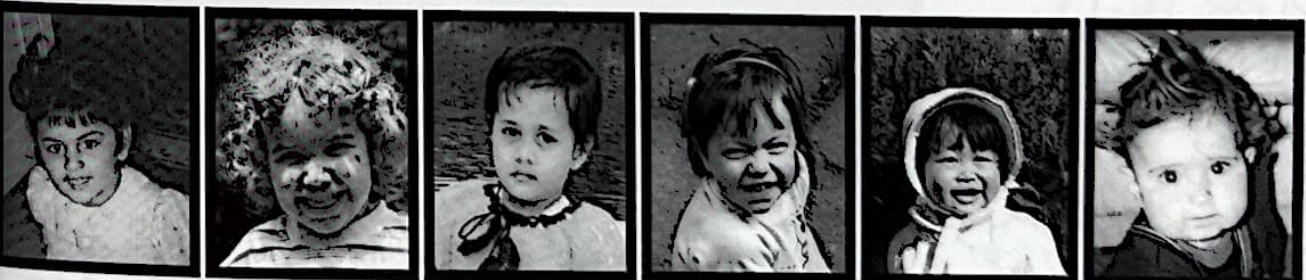
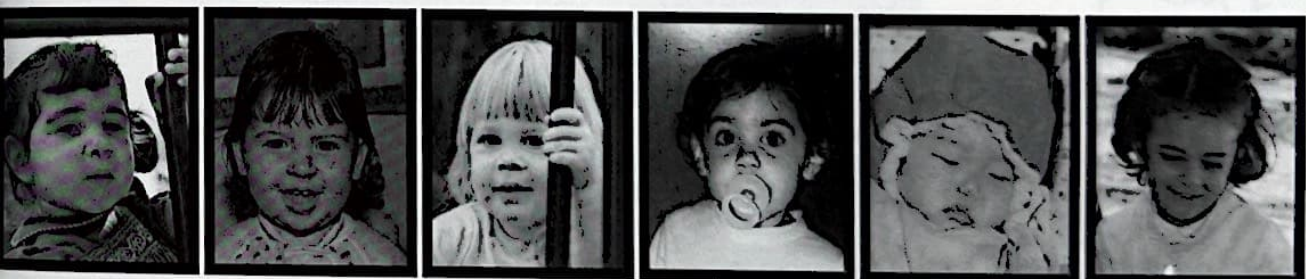


GUESS WHO...



(Alphabetical order)





Nancy Davis
~~Janet H. H. H.~~

~~Rosalind Antonina~~
 Melissa Labella
 Pamela Battah

Jane Parayno
 Manoj Pereira
 Massimo Bellomo
 Piyush Mohan
 Stephanie Pascale
 Sandra

Alexandra Pansera
 Sabrina
 Christopher
 Jennifer
 H. H. H.

Julie Kassaf
 Cristofano
 Elisabeth
 Di Niro

Tara K. Ferguson
 Lania Conca
 Catherine Snell

Natacha Tardio
 Katherine Sullivan
 Magda Miedzybrodzki
 Christine Tran
 Catherine Han



Katherine Sullivan
 Magda Miedzybrodzki
 Tania
 Ellen Regret-Fukione
 Jana Bergame
 Amanda

Victoria Mandilaras

Laura Leone
Natacha Parodio
Kathryn Potvin
Lisa deBello

Laurie
Jenifer Tundo
Carina Pereira
Kelly Abbott
Jenifer Tundo

Meredith Brooks
Jenifer Tundo

Carla

Cynthia Lombardi

Angela Gillis
Jessica Wong
Alexa
Allison Corona
Muriel Luciani

Kelly Craig

Olivia Parand

Melissa Hummas

Jessy Parand

Monisha Dudarshan
Christine Nicol
Paras Shah
Linda Lee
Eunin
Jill Sample
Chiara Bolini
Cynthia Cipolla
Jennyfer
Valeria Caruso







HOUSES

BARAT



Parmal Gahunia, Barat Househead



To all my 'beary' special Barat Bears,

I cannot tell you how much of a privilege it has been being your househead. I have loved being your househead and I would like to thank all of you for being a great part of my life. I would also like to thank some very special people who have contributed to making this year as wonderful as it was. To Ms O'Neill, I could not have asked for a better advisor. To Carolina, you are my rock, I could not have made it without you. To Nikki, your house spirit is an inspiration, thank you. To Chrissy, you are a wonderful person and a great co-captain and we miss you very much. To all my Baratians, I love you all and will miss the house.

With lots of love,

Parmal

DIGBY



Tania Conca, Digby Househead



D-I-G-B-Y Digby is the best! What a year we have had! The memories of all your smiling faces and boundless spirit will forever be etched in my mind. Thanks to all the Digbians for "looking interested" while I rambled continuously during a house meeting and supporting all my far fetched ideas! Thank you to Ms Antonini, Mr. Bordonaro, Ms Di Palma, Mme de Ste Mar Ms Lakatos, and Mrs. Richer, for all your support and encouraging smiles! Special hugs to Sarah, Blair, and Kelly for dealing with my spastic moods! I could not have done anything without you! I am really fortunate to have been surrounded by an absolutely amazing group of people. You have made my last year really memorable and I hope I have done the same for you will definitely miss all of you. Never forget DIGBY is definitely #1 and don't let anyone tell you differently.

Love always,

Tania

DUCHESNE

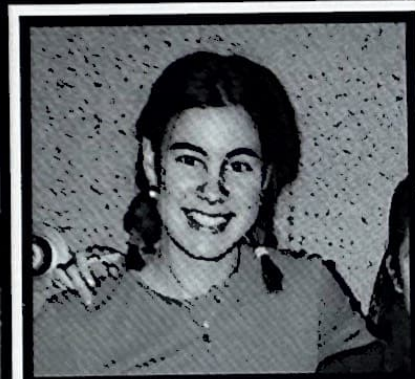


Manoji Pereira, Duchesne Househead

To all my red-hot bugs: I've had a wonderful year being your House Head. I hold many happy memories and have learned much more than the names of over forty girls! I'd like to especially thank everyone who helped with the huge task of creating a bug, a banner, and skit in time for Duchesne Day. Thanks to Laura, Sabrina, Natasha, and all the girls who helped sew, cut glue, and do any other similar jobs. Thanks to the affiliates for their support. A big thank-you to the most understanding and patient advisor, for whom a House Head could ask, Ms Mastro. Consider yourselves part of the best "family" ever, and continue sharing spirit.

Love,
Manoji

duROUSIER



Olivia Brassard, duRousier Househead

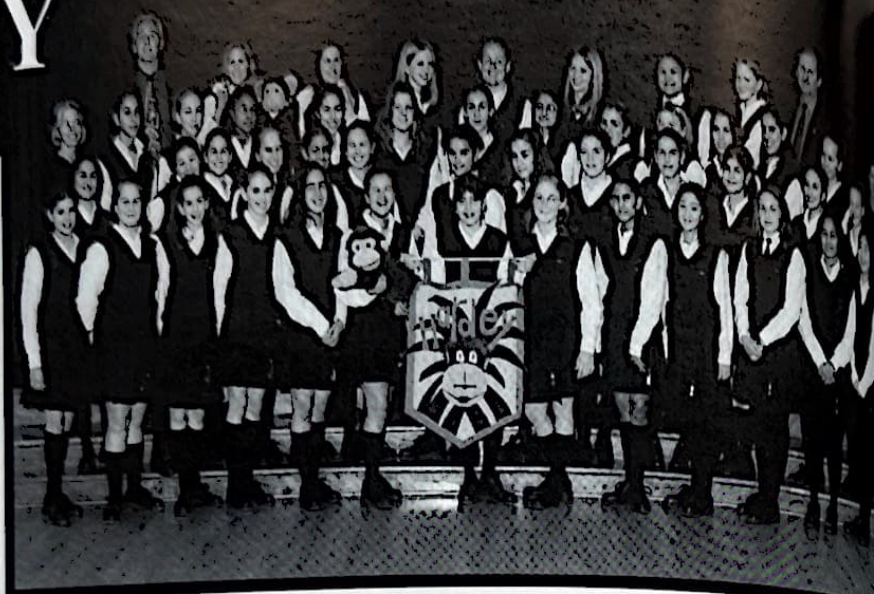
D-U-R-O-U-S-I-E-R Let's go! My fellow Big Bird lovers, you have made me proud to wear my tie! I had an amazing year being househead, but I could not have done it without your spirit, enthusiasm and bright smiles. Special thanks to Pam, Cynthia, and Amelia, the best executive around, and to Miss deMello for her words of wisdom. DuRousians, be proud to wear yellow- and keep on flying!

Love Always,
Olivia

HARDEY



Angela Gillis, Hardey Househead



Dear Hardey,

HARDEY CHECK!(!?) Woooo! Woo! Woo! All hail Queen Aloysia, and the Queen Mum Henrietta! We wore our orange valiantly and did them proud.

Thank you to our fearless leader: our six-foot-tall, orange-band-aid-wearing, Hardey-House-promoting, French gentleman; M. Soret. Special thanks to Jane, the executive and my honorary executive- my brain and friends. House affiliates and all the people, thank you all for always trying your hardest and cheering the loudest. Hardey House is the best, we know it and show it.

Christine and Vera taught me well, and I hope I did well by all of you. House Head was stressful, fun and memorable.

Hardeyan for life, smiles,

Angela

SHELDON



Danielle Dufort, Sheldon Househead



Dear Sheldonites,

My experience as house head has been one that I will never forget. Your house spirit and enthusiasm have been encouraging and have made me want to be the best house head I could be. I would like to thank Ms Potter for her guidance and Jessica, Cl and Clarissa for their support. I hope that this year has been as memorable for you as it has been for me. Never lose your spirit and always remember your turtle pride.

Love always,
Danielle

STUART



Lindsay Charron, Stuart Househead

My blue friends, the time has come for me to say goodbye! After a year of proudly holding the title of Stuart House Head, I can only think of good memories. Five years of being a Stuart member has definitely created a soft spot for blue in my heart. Thank you for making my last year a great one. No house will ever measure up to your uniqueness. You have made my job worthwhile. A special thanks to Jackie, Priya and Josee. Et bien sûr, merci à Mme Habachi qui m'a beaucoup guidé.

Lindsay

TRINCANO



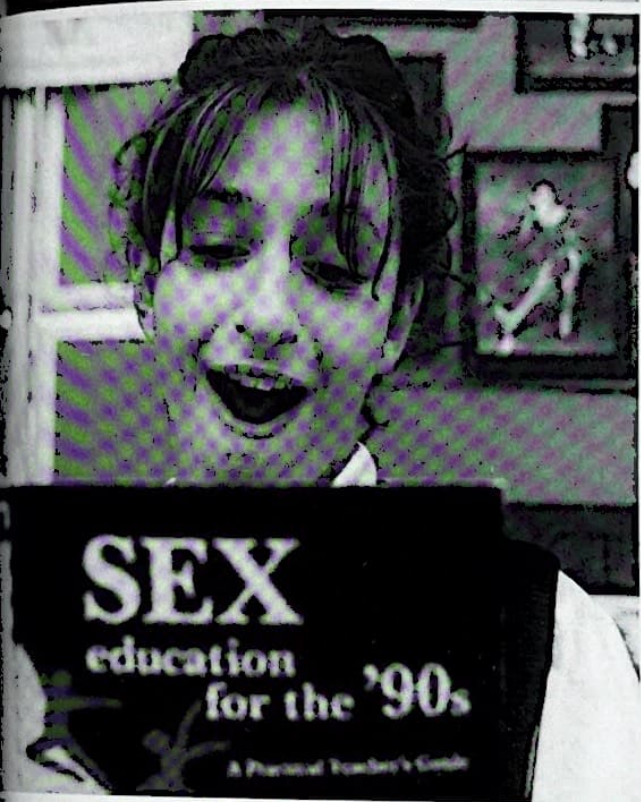
Kristen Lange, Trincano Househead

To all my spirit-filled princesses of purple: thank you for making this year so special for me! Being your househead was the most amazing experience ever and I'm so grateful to everyone of you for making it so memorable! Also, thanks to Ms Gendron for always listening, encouraging, inspiring, and making me smile! Maryann, Natasia, and Helen- what can I say? Nothing would have been possible without your dedication and hard work. Congratulations on a job well done! Keep the spirit alive, Trincano!

Love,
Kristen

P.S.- Moo?









ACTIVITIES

MIDSUMMER NIGHT'S BALL



SPIRIT WEEK AND CARNIVAL



STRATFORD

"All the world's a stage,
And all the men and women merely players.
They have their exits and their entrances,
And one man in his time plays many parts,
His acts being seven ages."

William Shakespeare, *As You Like It*



"But if the while I think on thee, dear
friend,
All losses are restored and sorrows end."
William Shakespeare, *Sonnet XXX*

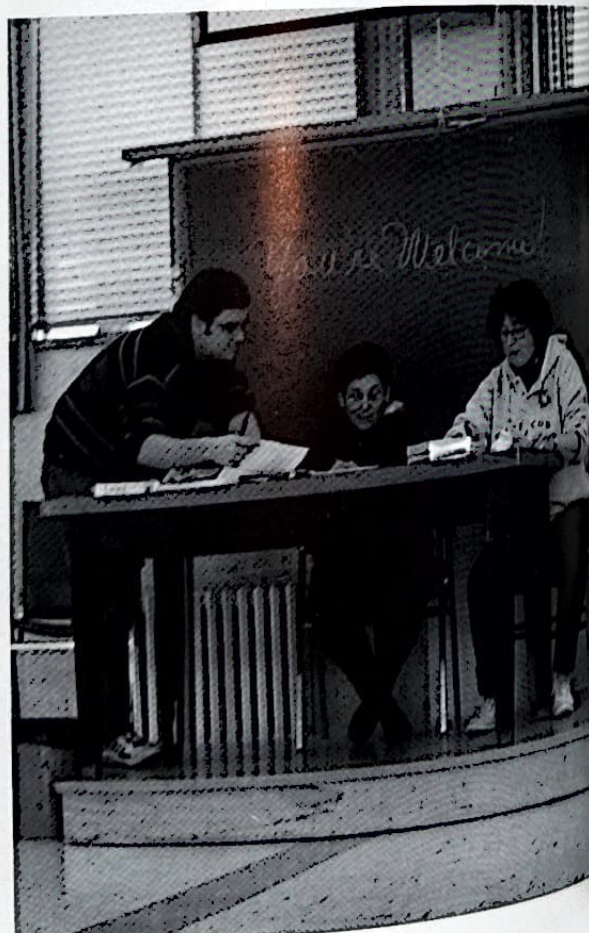
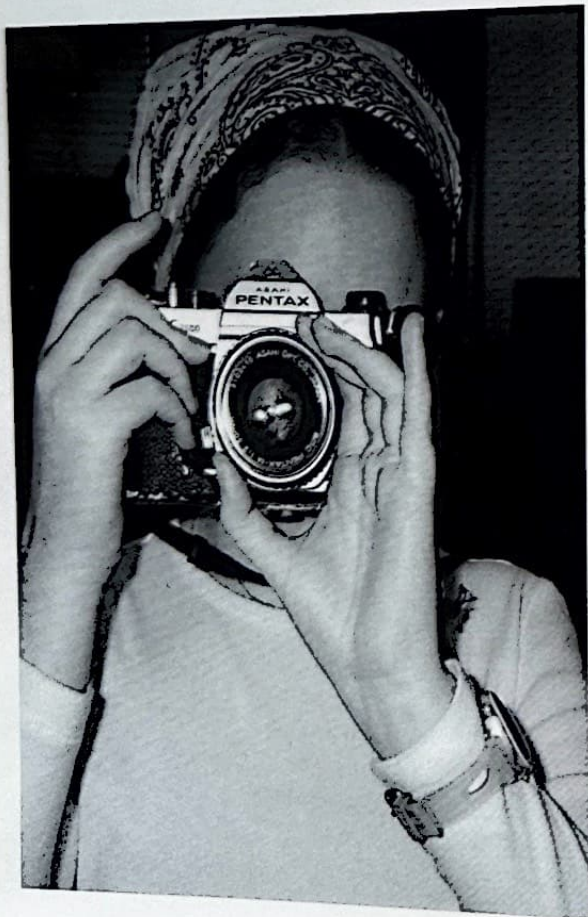


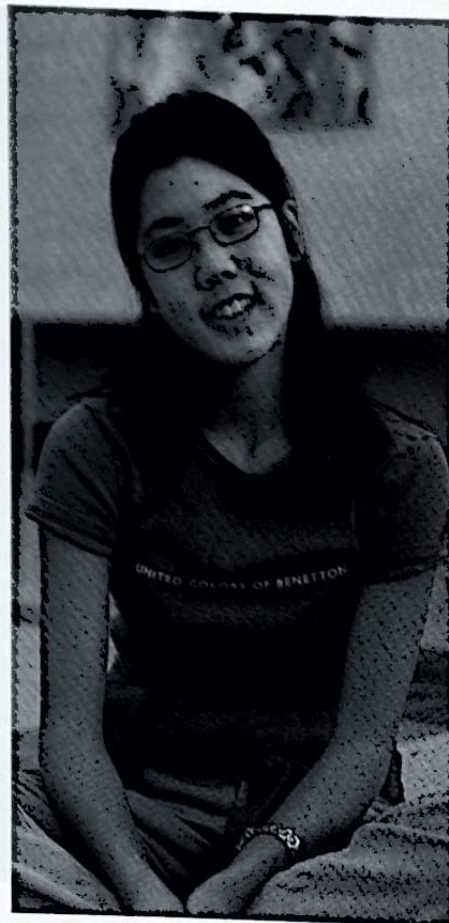
SECONDARY V RETREAT

New Friends and Old Friends

Make new friends, but keep the old;
Those are silver these are gold.
New-made friendships, like new wine,
Age will mellow and refine.
Friendships that have stood the test -
Time and change - are surely best;
Brow may wrinkle, hair grow gray;
Friendship never knows decay.
For 'mid old friends, tried and true,
Once more we our youth renew.
But old friends, alas! may die;
New friends must their place supply.
Cherish friendship in your breast -
New is good, but old is best;
Make new friends, but keep the old;
Those are silver, these are gold.

-Taken from *The Book of Virtues*





SECONDARY

IV

RETREAT

The Arrow and the Song

I shot an arrow into the air,
It fell to earth, I knew not where;
For, so swiftly it flew, the sight
Could not follow it in its flight

I breathed a song into the air,
It fell to earth, I knew not where;
For who has sight so keen and strong,
That it can follow the flight of song?

Long, long afterward, in an oak
I found the arrow, still unbroke;
And the song, from beginning to end,
I found again in the heart of a friend.

-Henry Wadsworth Longfellow



SECONDARY



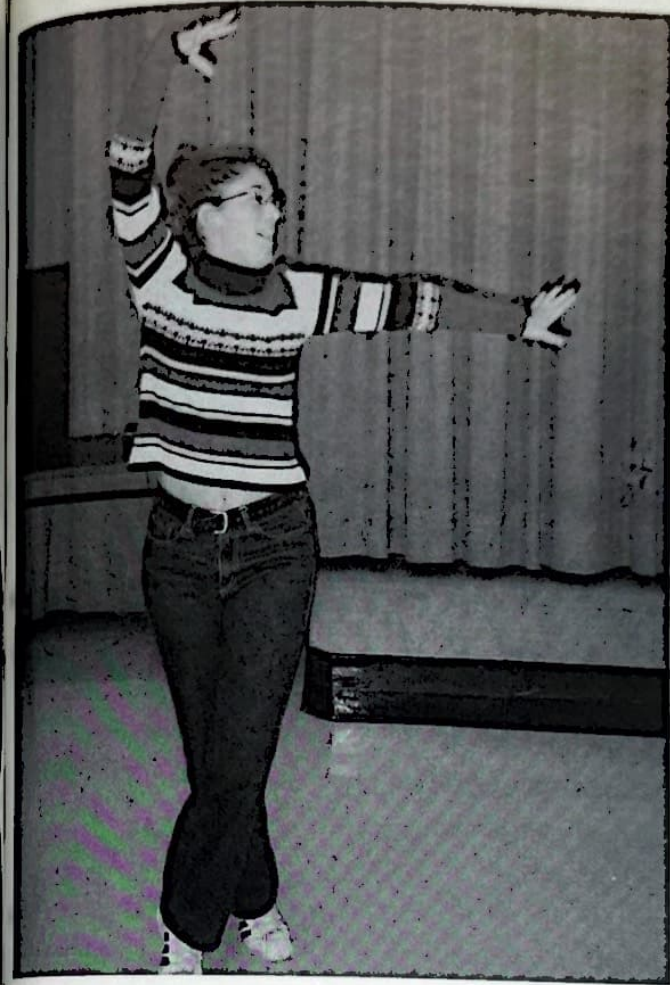
III

RETREAT

The Human Touch

'Tis the human touch in this world that counts
The touch of your hand and mine,
Which means far more to the fainting heart
Than shelter and bread and wine;
For shelter is gone when the night is o'er,
And bread lasts only a day,
But the touch of the hand and
The sound of the voice
Sing on in the soul away.

-Spencer Micheal Free



SECONDARY

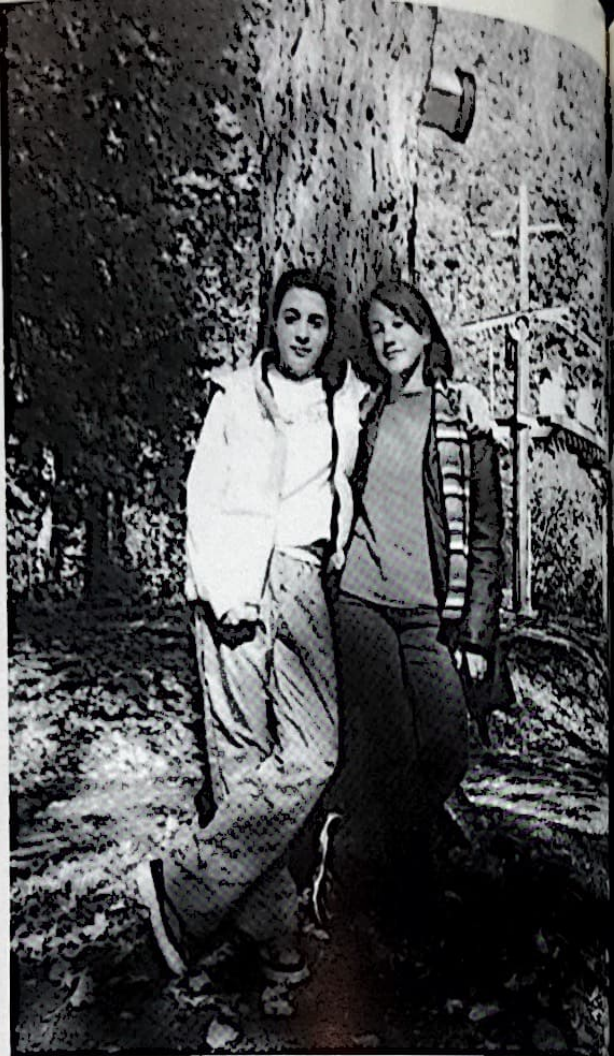
II

RETREAT

The Lover Pleads with his Friend for Old Friends

Though you are in your shining days,
Voices among the crowd
And new friends busy with your praise,
Be not unkind or proud,
But think about old friends the most:
Time's bitter flood will rise,
Your beauty perish and be lost
For all eyes but these eyes.

-William Butler Yeats





SECONDARY

■ ■ ■ ■ I ■ ■ ■ ■

RETREAT

A Time to Talk

When a friend calls to me from the road,
And slows his horse to a meaning walk,
I don't stand still and look around
On all the hills I haven't hoed,
And shout from where I am, What is it?
No, not as there is a time to talk.
I thrust my hoe in the mellow ground,
Blade-end up and five feet tall,
And plod: I go up to the stone wall
For a friendly visit.

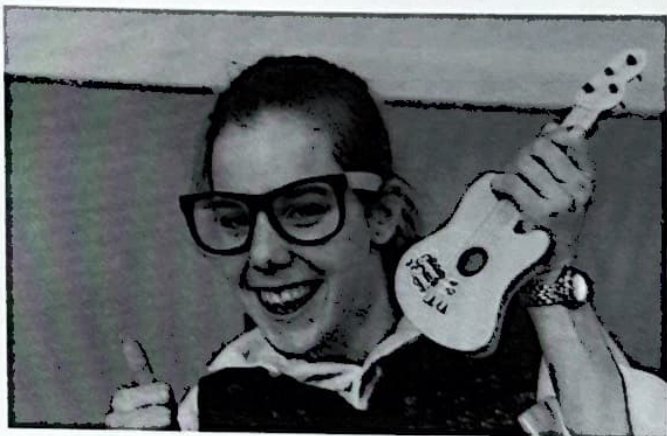
-Robert Frost



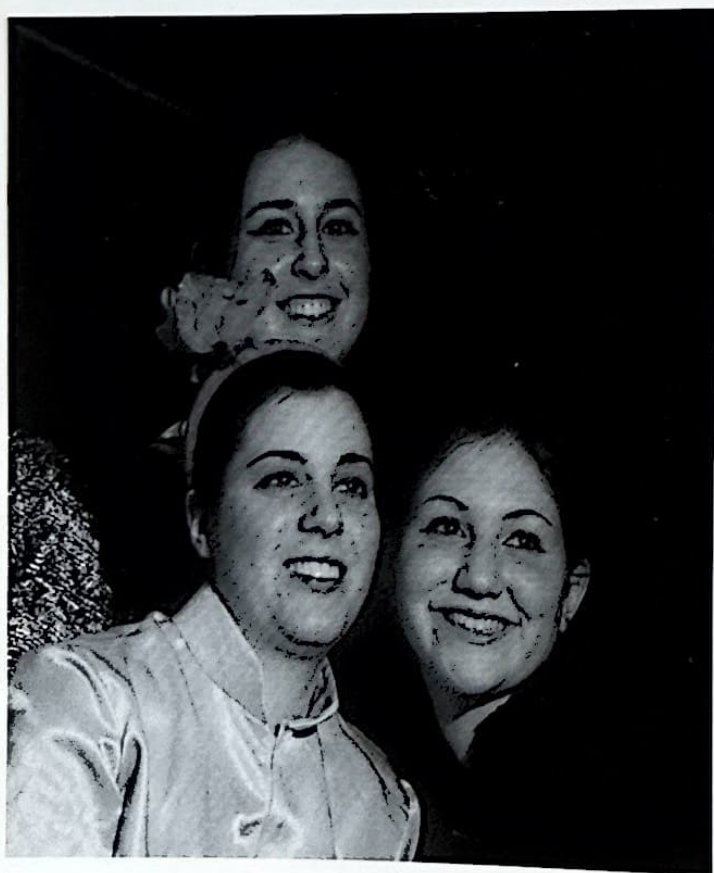
CHRISTMAS WISHES



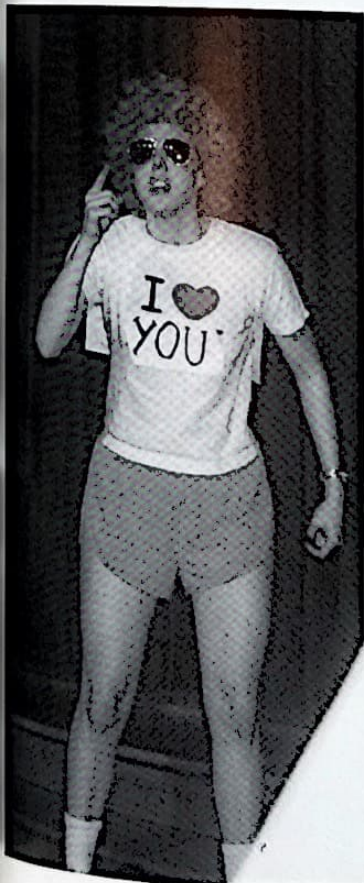
DASHABUSTADD



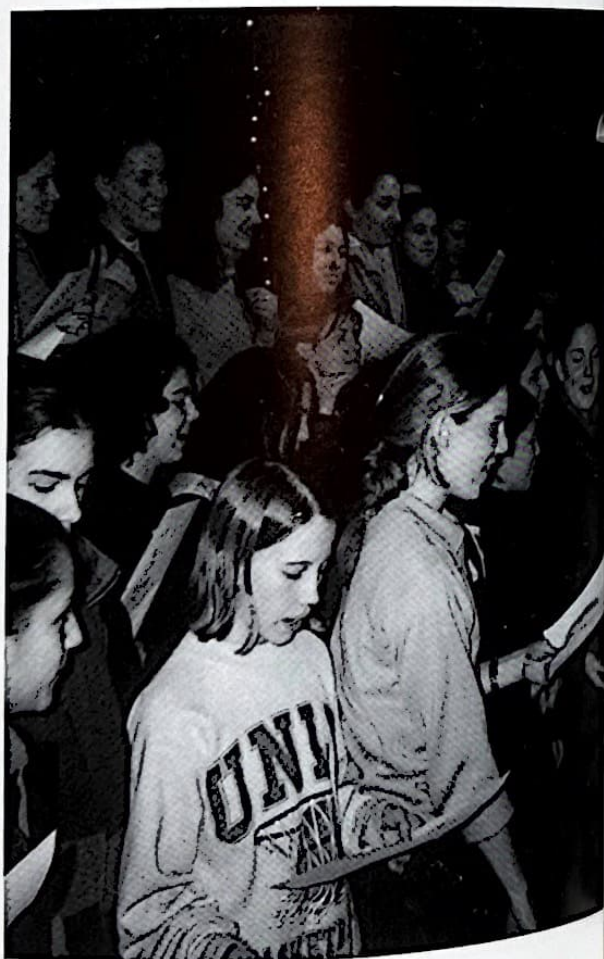
DRAMA PRODUCTION 2001



SEC. V ENTERTAINMENT



LA CABANE À SUCRE



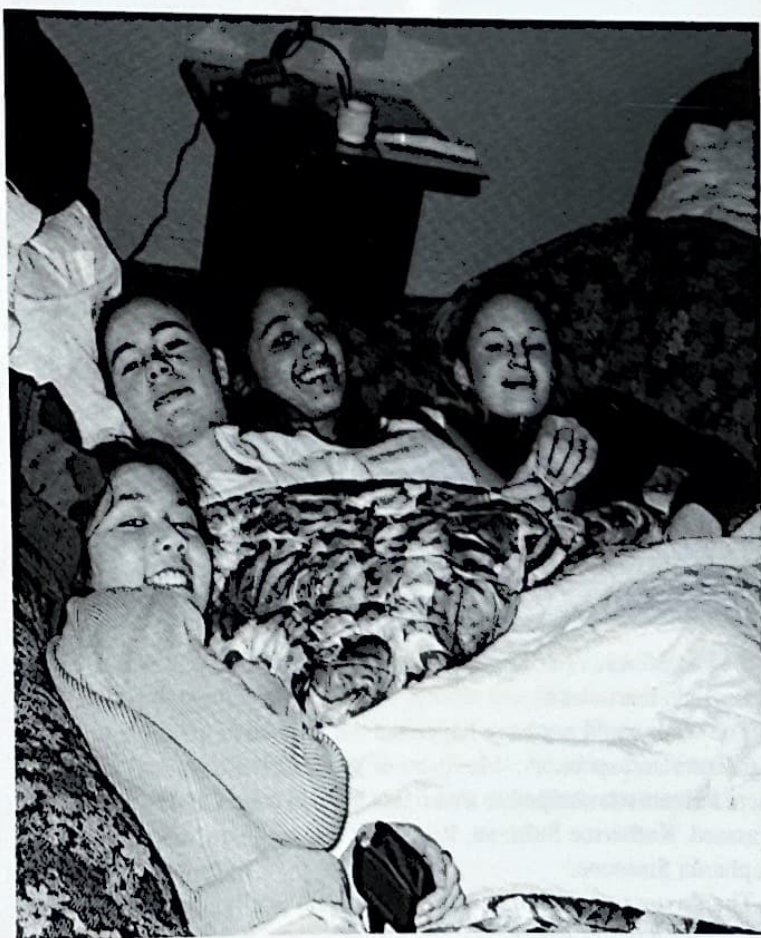
Le 6 mars 2001, pendant la semaine du français, toute l'école est partie revivre une journée à la cabane à sucre. La journée fut inoubliable.

Tous ensemble, nous avons ri, chanté, dansé mais surtout apprécié le repas traditionnel du Québec.

Chaque maison avait composé une chanson et c'est la maison Durousier qui a remporté le premier prix pour la meilleure composition.

Félicitations à tout le monde et à l'année prochaine pour une autre cabane à sucre.

SKI TRIP



GIRLS FOR THE CURE

On September 26th, 2000, Sacred Heart, along with Villa Maria, Queen of Angels, Trafalgar, The Study, and E.C.S. participated once again in the Girls for the Cure walk.

Money raised from this walk is donated to the Montreal General Hospital and St. Mary's Hospital for technological advances in the area of breast cancer.



\$ 192 000 was raised by the six schools. \$56 000 was raised by Sacred Heart alone!

The walk could not have happened without the help of many organizers and sponsors. Members of the committee from Sacred Heart who helped to make this happen were Olivia Brassard, Katherine Sullivan, Romina Perri, Lisa Sew, and Stephania Simeone.

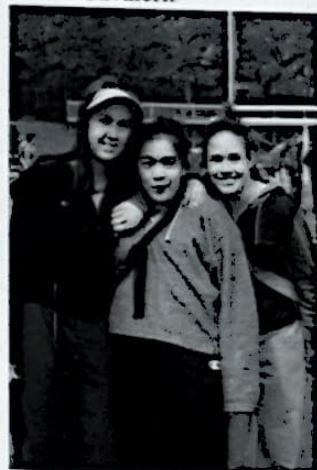
Thank you to all who made it happen, and to all those who walked for a better future.



WALK-A-THON



On May 5th, Sacred Heart, Queen of Angels Academy, Villa Maria, and Loyola participated in the 2001 Walk-a-Thon. It was a resounding success and raised over \$60 000 for the Mark Rennie Fund. Sacred Hearts' contribution totalled over \$9 000! Members of the Sacred Heart Committee who helped to make this happen were: Linda Tan, Natacha Lam, and Amanda Cavaleri.



The Mark Rennie Fund was established by CJAD Radio in order to commemorate Mark Rennie who died of a brain tumour in 2000.

This donation aided the Mark Rennie Fund in reaching its goal of building a facility for people with brain tumours in Montreal.





CLUBS

TAKING CHARGE



IISPC PUBLIC SPEAKING TEAM

Coach: Ms O'Neill (*centre*)

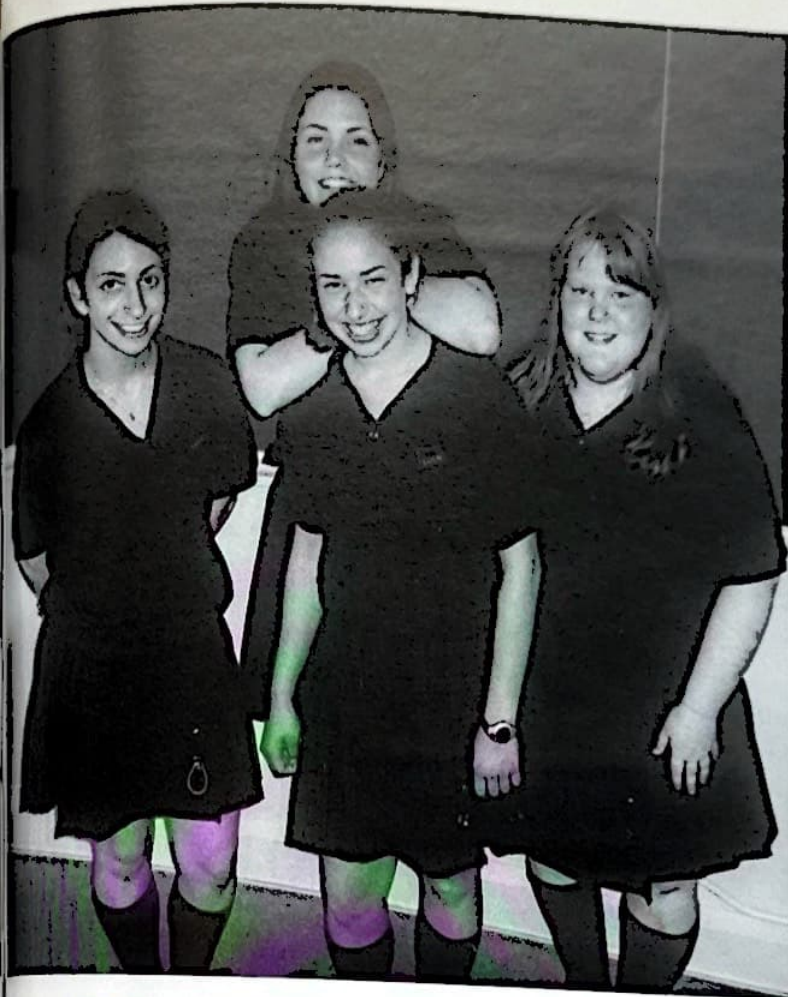
Amelia Sargisson, Christine Nicol, Meredith Brooks



DEBATING CLUB

Coach: Mr. Bordonaro (*top right*)

L. Anber, E. Biscotti, K. Boback, G. Cadieux, C. Calabretta, C. Courey, A. Crevier, O. Del Torto, S. DiGiandomenico, C. Evans, J. Fin
N. Forgues, L. French, C. Hacikyaner, C. Kendiroglu, N. Kushnir, K. Lange, E. Lantosh, A. Lee, A. McDonough, A. Naami, V. Peloni
D. Peronace, G. Portuga, M. Rath, C. Sauro, A. Sharma, N. Siao, C. Snell, N. Tabakian, S. Trifiro, S. Teixeira-Crisostomo, A. Troll, A.
Varano, G. Vrinotis, T. Wong



SHE INVESTMENT

Advisor:

Mrs. Kular *(below)*

L. Bergmame, V. Mandilaras,
M. Pereira, R. Perri, C. Snell,
K. Sullivan



ENVIRONMENT CLUB

Advisor: Mrs. Kular *(above)*

L. Anber, S. Baig, E. Biscotti, H. Bruce, M. Cadieux, E. Carre, C. Gerarduzzi, A. Gillis, C. Goulakos, K. Jacobs, C. Gondra, K. Miller,
K. Murrell, A. Naami, J. Parayno, S. Ponari, P. Rotondo, A. Sargisson, C. Spina, A. Weekes, J. Wong, M. Woszczyk

THE SOUND OF MUSIC



CHORALE

Coach: Ms Martel (*right*)

M. Bellemare, L. Bergemame, M. Cadieux, E. Carre, C. Chan, B. Clarke, A. Fournel, C. Han, K. Hold, N. Laszchuk, C. Gondra, B. Ortiz Reyes, J. Parayno, M. Pereira, M. Say, C. Spina, M. Sudarshan, L. Tan, J. Tuvida



VOCAL ENSEMBLE

Coach: Ms Martel (*top right*)

H. Arceyut Frixione, N. Arvanitakis, S. Aulakh, M. Bellemare, S. Bourassa, M. Brooks, G. Cadieux, T. Castelino, C. Chan, S. Colonnello, K. Craig, C. D'Ascanio, C. De Souza, C. Evens, J. Finn, R. Harasymowycz, T. Hatzihristidis, S. Kemerer, E. Lantosh, N. Laszchuk, L. Lawrence, A. Lee, K. Miller, K. Murrell, J. Parayno, M. Pereira, S. Protopoulos, S. Ratheenthiran, N. Shanker, N. Townsend, E. Tucker

CHAMBER ENSEMBLE

Coach:

Ms Martel (*far left*)

M. Bellemare, R. Harasymowycz,
S. Kemerer, N. Laszchuk,
K. Miller, N. Shanker,
E. Tucker



LITURGICAL CHOIR

Coach: Mr. Hammet (*top left*)

Ms. O'Neill, L. Amber, M. Bellemare, L. Bergmame, K. Calabretta, E. Carre, C. Chan, M. Ciani, V. Clarke, A. Crevier, K. Eberwein,
K. Lam-Heung-Ko, N. Laszchuk, J. Parayno, M. Pereira, M. Portuga, M. Quinto, C. Sauro, E. Savage, J. Sew, W. Sew,
C. Snell, M. Sudarshan, L. Tan, H. Townsend, A. Troli, J. Tuvida, H. Warren, T. Wong, C. Zakem

LANGUAGE & ARTS



CLUB DE FRANÇAIS

Advisors: Mme de Sainte Marie & Mme Arnaud (right)

V. Clarke, S. Colonnello, C. D' Ascanio, E. Lantosh, S. O' Reilly, M. Tran, C. Zakem



MEMORY BOOK

Advisor: Ms Bichsel

K. Abdelhay, C. Gondra, C. Hacikyaner, E. Lantosh, J. Parayno, C. Snell, K. Sullivan

PHOTOGRAPHY

Advisor:

Ms Gendron (*below*)

K. Abdelhay, C. Boone, A. Cavaleri, C. Han,
C. Gondra, E. Quesnel, T. Reda,
M. Say, J. Tuvida

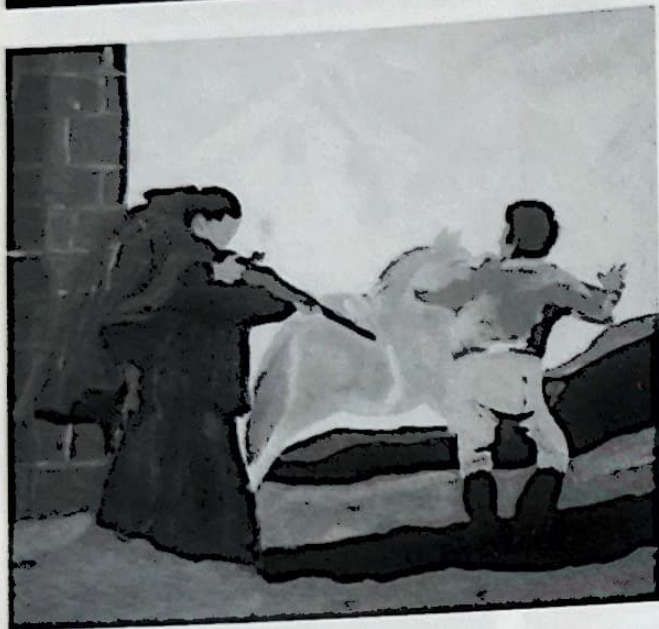


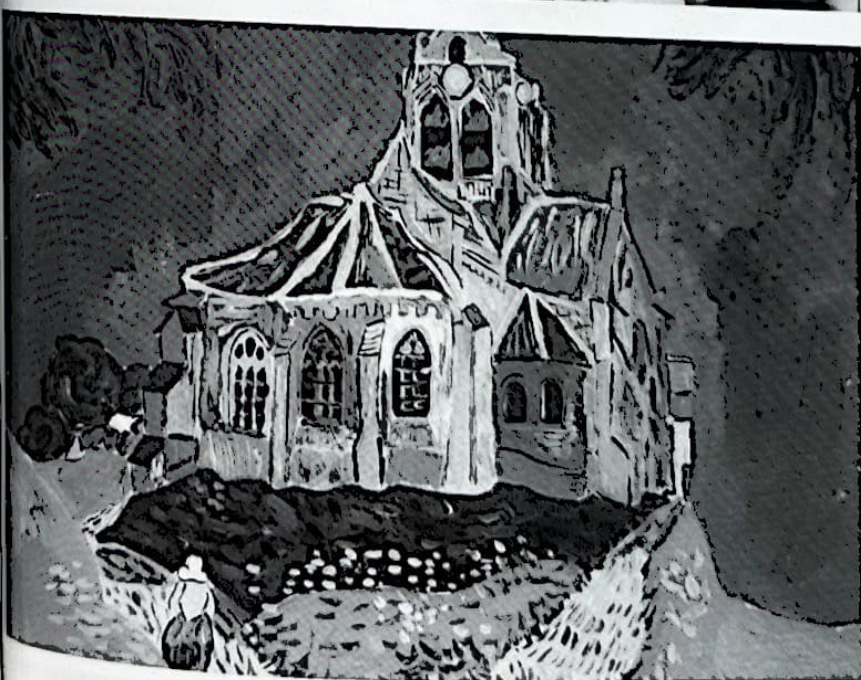
ART CLUB

Advisor: Ms Gendron (*above*)

A. Arnold, N. Canadian, C. Carny, S. Cowan, K. Dillon, C. Fridhandler, A. Lee, M. Martin, M. Peters, M. Say, C. Spina, J. Tuvida

ART





Opposite Page:

Top left: Painted by **Martha Aguilar**,
Secondary II

Bottom left: Painted by **Jennifer Sejean**,
Secondary V

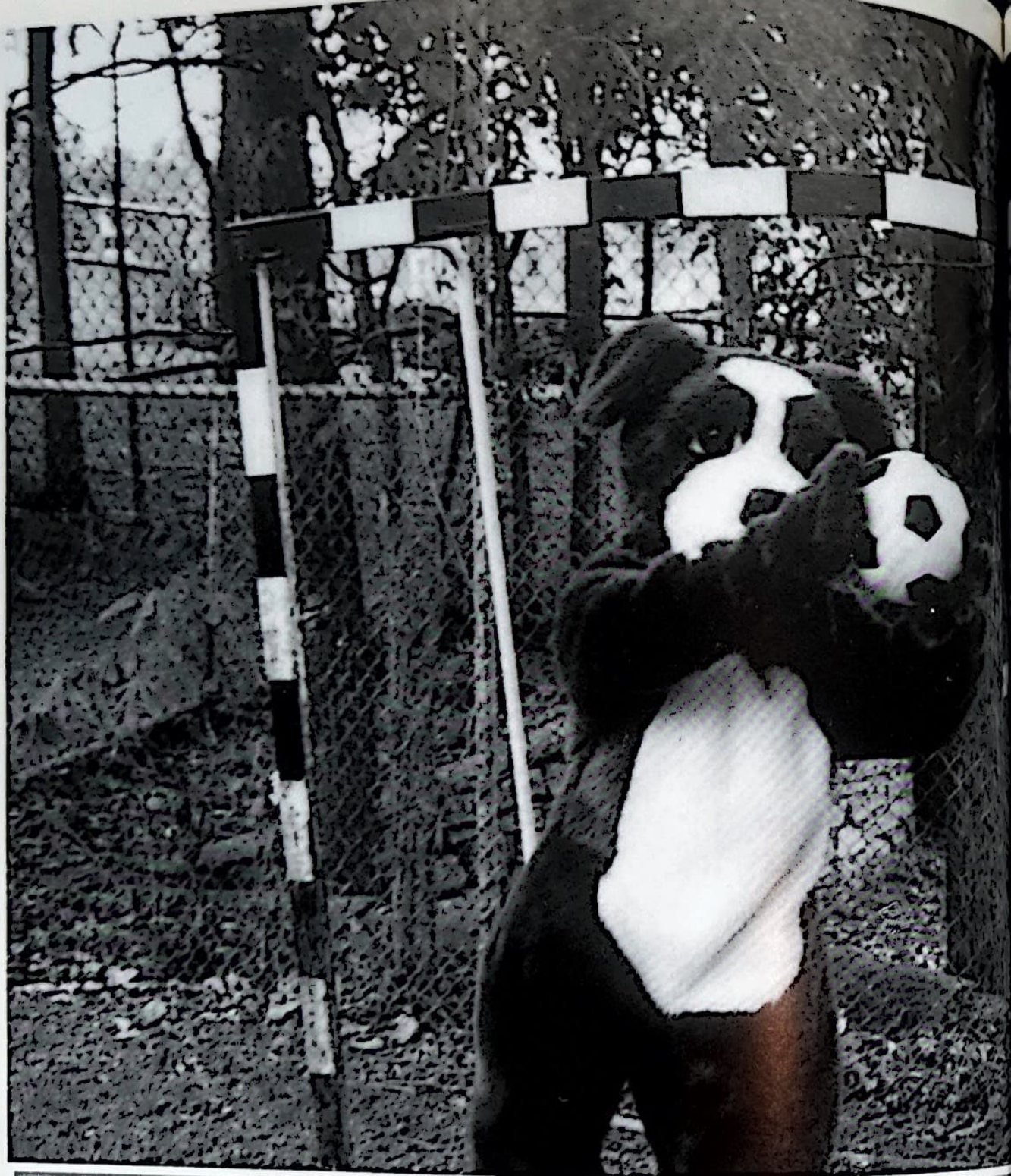
Bottom right: Painted by **Stephanie Charron**,
Secondary II

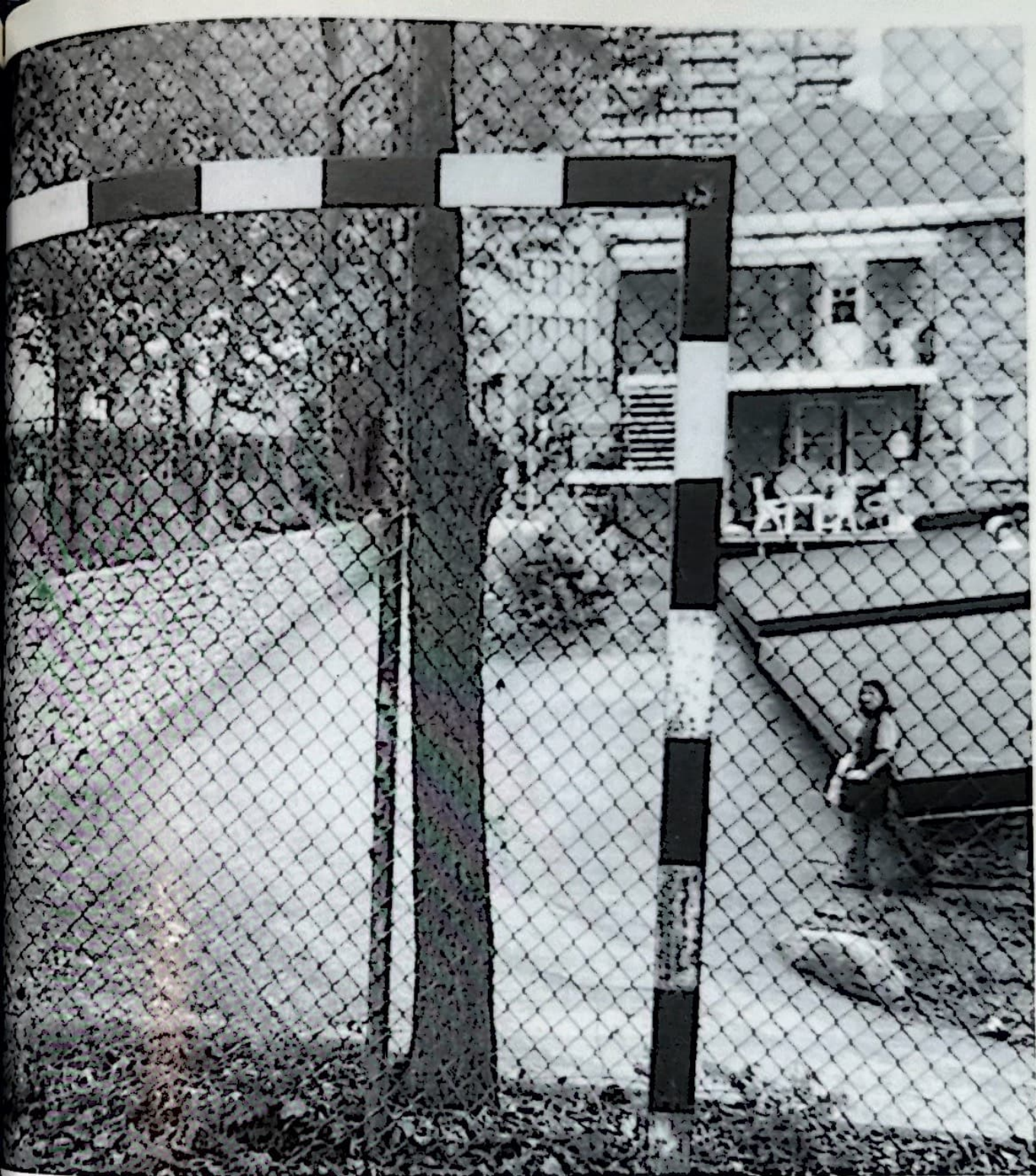
This Page:

Top left: Drawn by **Meredith Brooks**,
Secondary V

Top right: **Josee Ria Tuvida**
winner of the Heather MacDougall Memorial
Prize for Fine Art.

Left: Painted by **Veronika Pausova**,
Secondary II





SPORTS

BANTAM SOCCER TEAM

Coaches:

Senior Kucher,
Mme Gregoir

Captain:

Stephanie Charron



Team Members:

T. Chawla, S. Charron,
E. Ciamarro, A.
Conca, C. Cuffaro, J.
Davis-Anett, M.
Evans, J. Farah, M.
Fournier-Tombs, S.
Henderson, E.
Markou, J. McBain, V.
Pertugia, T. Piscinieri,
A. Sargisson, C.
Vanelli

MIDGET SOCCER TEAM

Coach:

Mr. Laperle



Team Members:

A. Barile, E. Biscotti,
T. Chimienti, E.
Cholette, A. DeRosa,
I. Di Leo, K. Holland-
Hill, K. Koufos, N.
Lam, C. Lombardi, V.
Lombardi, A. Masella,
M. Pertugia, M.
Rusnak, S. Simeone,
M. Woszczyk

JUVENILE SOCCER TEAM

Coach:

Mrs. Cumming

Captain:

Catherine Snell



Team Members:

B. Adam, L. Charron,
M. Colabella, T.
Conca, C. Fazzari, C.
Folini, R. Forlini, C.
Lombardi, K.
McKendy, C. Pollock,
P. Rotondo, E.
Savage, C. Snell, A.
Troli, A. Weekes

BANTAM VOLLEYBALL TEAM

Coach:
Mrs. Cumming

Captain:
Keyinsha Yokenderan

Assistant Captain:
Betha Clarke



Team Members:

D. Bensadoun, H.
Bruce, V. Caruso, G.
Choi, B. Clarke, K.
Hold, L. Jacco, J.
Konow, S. McCulloch,
S. Panetta, K.
Yokenderan, A. Zakem

MIDGET VOLLEYBALL TEAM

Coach:
Ms MacCallum

Captain:
Natasha Laszchuck

Manager:
Jacalyn Guy



Team Members:

S. Alves, C. Chan, J.
Finn, J. Guy, A.
Hammer, C. Kishfy, E.
Lantosh, N. Laszchuk,
G. Pertugia, S. Trifiro,
G. Vriniotis

JUVENILE VOLLEYBALL TEAM

Coaches:
Mr. Kousik
Marianne Brassard

Supervisor:
Ms Antonini

Captain:
Olivia Brassard



Team Members:

O. Brassard, C.
Getsios, P. Maloni, D.
Dufort, L. Sew,
L. Tan, N. Tardio, V.
Tardio

SOFTBALL **TEAM**

Coaches:

Mr. Hammett
Ms Martel



Team Members:

P. Battah, K. Bobak,
N. Brunelle, J. Elvidge,
A. Gillis, J. Hicks,
K. Jacobs, K. Jacobs,
C. Kyres, K. Lange,
J. Malo, M. Snell,
K. Sullivan, J. Wong

FIELD **HOCKEY** **TEAM**

Coaches:

Mrs. Kular
Ms Thomas

Captain:

Jill Sample

Manager:

Caroline Hacikyaner



Team Members:

M. Brooks, V. Clarke,
C. Courey, A. Crevier,
O. del Torto, C. Evans,
L. French, C. Gondra,
C. Hacikyaner, C. Han,
E. Hatzithomas, A. Lee,
S. Lee, S. Maurel, A.
Menon Charet, C.
Meredith, K. O'Brien,
D. Patel, T. Pellizzari,
C. Pereira, J. Sample, J.
Sejean, N. Siao, N.
Tabakian, S. Teixeira-
Crisostomo, T. Wong,
C. Zakem

CROSS **COUNTRY** **RUNNING** **TEAM**

Coaches:

Mrs. Cochrane

Captain:

Amanda Naami



Team Members:

E. Beyukian, R.
Boucher-Hammaker,
M. Cadieux, A.
Campbell, K.
Chmielarz, V. Cori-
Manocchio, K. Craig,
A. Danik, J. Farah, C.
Folini, A-M. Fook
Chong, M. Fournier-
Tombs, C. Han, J.
Kassouf, A. Naami, S.
Pascale, A. Sharma, C.
Snell, L. Tan

MIDGET & BANTAM TENNIS TEAM

Coach:
Mrs. Cumming

Supervisor:
Mlle Young



Team Members:

R. Asquini, A. Crevier,
J. Ferretti-Gallon, N.
Kushnir, N. Laszchuk,
M-K. Mc Mahon, M
Peters, A. Pollock, S.
Ponari, S. Trifiro, A.
Zakem, C. Zakem.

JUVENILE TENNIS TEAM

Coach:
Mrs. Cumming



Team Members:

P. Battah, M. Brooks,
C. Hacikyaner, A.
Naami, M. Sudarshan,
L. Tan

TRACK AND FIELD TEAM

Coach:
Mr. Kucher



Team Members:

K. Al-Ahmad, R. Boucher-
Hammaker, H. Bruce, A.
Campbell, C. Chan, E.
Chan, A. DeRosa, C. Di
Giandomenico, I. Di Leo, A.
Elvidge, J. Esposito, J.
Farah, A. Fook Chong, M.
Fournier-Tombs, K.
Fraschetti, C. Goulakos, A.
Hammer, K. Jacobs, K.
Jacobs, C. Layden, A.
Masella, J. Parayno, P.
Rotoondo, N. Siao, L. Tan,
N. Tsalikis, G. Vriniotis, T.
Wong, S. Zullo,

BANTAM BASKETBALL TEAM

Coach:

Mrs. Cumming
Ritou Maloni

Captain:

Halina Bruce

Assistant Captain:

Alexandra
Doroshenko



Team Members:

L. Aiken, A-M. Arless,
H. Bruce, N. Brunelle,
E. Ciamarro, J. Davis-
Annett, A.
Doroshenko, J.
Ferretti-Gallon, S.
Grigoropoulos, E. Lee
Larivee, V. Lombardi,
D. Patel, D. Santos, A.
Valente-Fernandes, T.
Valliant

MIDGET BASKETBALL TEAM

Coaches:

Mrs. Stewart
Mr. Stewart

Captain:

Celia Lombardi
Alicia Troli



Team Members:

A. Arcari, A. Barile,
E. Biscotti, C. Courey,
O. Del Torto, C. Di
Giandomenico, L.
French-Bourgeois, E.
Hatzithomas, C.
Lombardi, G. Portuga,
M. Portuga, S. Trifiro,
A. Troli, K.
Yokenderan

JUVENILE BASKETBALL TEAM

Coach:

M. Soret

Captain:

Catherine Snell



Team Members:

B. Adam, R. Liberian,
M. Malone, P. Maloni,
K. Miller, A. Naami,
K. O'Brien, J.
Parayno, C. Pollock,
C. Snell, J. Tesseris

MIDGET TOUCH FOOTBALL TEAM

Coaches:
Mr. Charron
Mr. Cumming

Supervisor:
Mrs. Cumming



Team Members:

A. Arcari, A. Barile, D. Bensadoun, E. Biscotti, N. Brunelle, S. Charron, A. Doroshenko, R. Forlini, M. Matsumoto, J. McBain, M. Rath, S. Simeone, S. Tiexeira-Crisostomo, S. Trifiro, K. Yokenderan

JUVENILE TOUCH FOOTBALL TEAM

Coaches:
Mr. Charron
Mr. Cumming

Supervisor:
Mrs. Cumming

Captain:



Team Members:

B. Adam, T. Azar, L. Charron, C. Cipolla, M. Colabella, S. Kemerer, P. Maloni, J. Parayno, M-A. Rusnak, E. Savage, C. Snell, A. Troli

BADMINTON TEAM

Coach:
Ms Vaupshas

Manager:
Sophie Cowan



Team Members:

R. Asquini, K. Abdelhay, T. Castelino, C. Chan, G. Choi, E. Cholette, B. Clarke, I. DiLeo, J. Farah, J. Ferretti-Gallon, N. Forgues, A. Hammer, S-M. Joseph, K. Lange, M. Peters, E. Quesnel, S. Ratheenthiran, M-L. Say, N. See Viao Sin, N. Shanker, M. Sudarshan, L. Tan, S. Trifiro, K. Yokenderan, L. Zimanyi

SWIM TEAM

Supervisors:

Mme Arnaud
Mme de Ste Marie

Captain:

Olivia Brassard



Team Members:

H. Arceyut-Frixcone, N.
Arvanitakis, A. Barnabe, O.
Brassard, M. Cadieux, E.
Cerulli, L. Charron, K.
Craig, A. Crevier, C.
Donohue, N. Egiziano, A.
Gillis, J. Guy, M. Fournier-
Tombs, C. Fridman, D.
Hajaly, P. Hamilton, K.
Holland- Hill, C. Layden,
K. McKendy, A. Murray,
N. Napolitano, A. Pakis, M.
Rath, C. Roy, K. Stavro, S.
Summers, L. Zakem, S.
Zullo,













ACADEMICS

MIRROR, MIRROR

We are individuals- who have qualities and talents that make us unique.

Differences that separate us for better or for worse.

We are cowards- shattered by those who overpower us.

Filled with revenge for every insult against us.

We are in charge of our own paths. Our lives were not meant to be determined by our parents-

So that they could fix their mistakes through us.

We are your past and future. We are afflicted by the choices made long ago.

And we are your hope for what is to come.

The cross we bear is a heavy burden.

We are people, who see ourselves in others.

Admiring the role models we use to guide us.

We are aliens who live in two worlds. Our dream, and reality, only because what is real depresses us too much.

We are the products of those around us.

Our mistakes should not be completely blamed on us.

We are friends- who look up to one another, who are there for one another, who watch over one another.

Angels in disguise.

We are what God made us to be- messengers of his world for all to hear.

We are stressed out by more than words can express.

Pressured by a realm of right and wrong.

We are rebels- tired of rules made not to benefit us, but to protect others from us.

We are doctors and lawyers that could help- given the chance.

We are benefactors who try our best- but are never appreciated.

We are the failures, left alone to cry out.

We are those who kill- only to be understood.

We are those who are killed - for our ignorance and our innocence.

We are the desolate drug addicts that you stare down- tormented by a world that we cannot change.

We are the vandals- who write profanities because those are the only words that can possibly make you understand the help that we need.

We are the streetwalkers- demoralized for money and respect that we can never achieve.

We are lovers- that have been hurt and scared.

We are students- sitting at our desks staring at the world too monstrous and vacant to accept.

Needing the doors to stay open, as they slam shut in our face.

Jealous of those who hold the golden keys.

We are the innocent- made out to be thieves of more than just material.

We are the victims of poverty stricken homes that society does nothing about.

We are those who speak, and are only heard not listened to.

We are what we want to be- no more, no less.

We are flames of hope- burning in the wind.

We are dancers- who need to be seen.

We are singers- who want to be heard.

And above all we are children- who deserve to be forgiven.

We are what you mold us to be,

We are your reality your world- just accept us for who we are.

Natasha Laszchuk, Secondary III

ANOTHER AFTERNOON

Catherine and I tread the small urban puddles of water, a result of dislevelled concrete.

Mirrored in them is the day's gray murky sky.

The water stills and the letters s'yksneliW are formed. S'yksneliW is the gibberish reflection for Wilensky's the Montreal diner.

We are on a quest to recreate some aspect of Mordecai Richler's past.

Literature is one of our common interests.

Instinctively we stare at each other, there is no need for words.

Understanding takes place through a sort of telepathy.

We realize that our uniforms elicit sneers.

Intimidation looms over us.

Catherine won't budge,

leaving me to test the depth of the water as usual.

I take the first easy step and enter Duddy's diner.

Our eyes set on the cash register, we order and get out.

We hadn't foreseen that being in our uniforms, we would be like the images of a pop up book.

Easily visible and subject to scrutiny.

Warm and greasy "Wilensky's special" sandwiches in hand, we whisk ourselves out of the diner.

Settle ourselves on the humid and cold concrete stairs of a St. Laurent doorway.

Bored and sluggish car passengers point at us.

Their moving lips, seen through steamed windows, emit no sound to us.

We are a funny sight, Catholic schoolgirls in their uniforms in an odd part of town.

Pink puffy noses from the damp weather and school bags packed to the brim.

On wet stairways, looking a little disheveled.

Brought together by our little embarrassments.

Another shared experience of our friendship.

Carolina M. Gondra, Secondary V

INNOCENT STARS

Look at the sad charcoal sky

That bathes the snow-tipped trees.

The darkness swirls like a ribbon,

The stars embedded in pockets.

Maybe someone can reach in,

Release those twinkling, sharp-edged

Gems that once decorated the empty sky.

I can almost spy their glow

Permeating through this uninviting blanket.

Artificial warmth seeps out of faulty sabotage.

The night has lost its battle.

I can sing my song now, at the sight

Of that one star I see.

I can whisper my wish

And maybe it will grant my happy hope.

Caroline Hacıyaner, Secondary V

Goodbye

It was an hour of crystal-clear perceptions;
Walking into that house,
Permanently saturated with sorrow,
I knew my life would be irrevocably altered.

Icy fingers of fear and anguish clutched my heart;
Shock numbed my mind and made my knees buckle,
As the wintry breath of Death passed over my already frigid flesh.

My grandmother was dead.

I observed, at the parlor, as she lay on her bed of satin,
Surrounded by those she knew and loved, that she was smiling; a Mona
Lisa smile

That betrayed none of her secrets, nothing of herself.
I could see, as I said goodbye, my listlessness in her blank expression,
Could feel the ice encasing my heart in her skin.

I watched as she was closed to me forever;
Condemned to being near but eternally out of my reach.
My tears kissed her mahogany roof,
Blessed her confining new home.

Millions of regrets flitted through my mind over and over again;
I remembered the unfulfilled promises and the weeks I was too busy.
Now, never again will she envelop me in her protecting arms;
No longer will I feel her life and warmth surround me.

My grandmother was dead.

Those four fateful words,
Which brought mourning and utter desolation to me and my family,
Eventually helped me overcome my pain
So that I may truly say farewell to a person so unique and deserving of
love.

For I know that one day my grandmother will embrace me once more
With a smile on her face
And love in her heart.

Melisa Colabella, Secondary V

ENDURANCE

If it doesn't kill you
It will only make you stronger.
Smart enough to run
Never brave enough to tell.
Now I look over my shoulder
Walk quickly
Heart beating against my chest
Having to pause
Outside the front door
Waiting for my pulse to drop,
The tears in my ebb.
Knowing that tomorrow
Will be the same.
If this is strength,
I wish it had killed me.

Catherine Snell, Secondary V

LOOK AT ME

Yesterday evening as I rode the bus,
I noticed an elderly man frown at us.
Wanting to find out the cause of his scowl,
I edged up behind him, a wolf on the prowl.
I'd often seen adults wear similar glares,
With no obvious reason for malevolent stares.
It got on my nerves how they looked so put out
Whenever my friends or I was about.
And so at the glower of that cantankerous geezer,
(Which was 10 degrees colder than my basement freezer)
I was set on demanding a definite answer

As I eased up beside
him with the grace of a dancer.
I asked him politely, as sweet as can be,
"Please sir, why were you glaring at my friends and me?"
He looked flabbergasted, he seemed quite astounded!
So shocked

I dared ask, he was fully confounded.
The man blinked and he coughed and he took a deep breath
And he cried, "Can't you see? You kids will be my death!
For your elders you teenagers don't give a hoot.
You yell and you shove, you pickpocket and loot.
Each teenager is but a common thug.
If I were on life support, you'd pull the plug!
You kids never listen or respect authority.
You're positively drowning in your own superiority.
When you ride, you teenagers hijack the bus.
You step on our feet and you scream and you cuss!
I want nothing to do with you or your kind.
And so I'll be going now if you don't mind."
"But sir," I replied, now as shocked as he'd been.
"We're not all nasty, we're not all mean!
We work hard at our studies and listen to our teachers.
On Sundays we pray and attend to our preachers.
We strive to achieve the goals we have set.
We surmount the problems and challenges met.
We're so much more than what we may seem
Each one unique, some to the extreme.
Some are hard-working and some are quite lazy.
We laugh and we cry and sometimes we're crazy.
Some of us purposely wear mismatched socks.
Teenagers are an enormous paradox.

We're wise yet naive, we're too young and too old.
We're fast yet we're slow, we're too shy and too bold.
These are the years we find out who we are.
We'll fall many times, but we'll learn from the scar.
We feel as you feel, we think as you think,
Yet by assumptions we're pushed to the brink.
Many glower as you did when they see us approach,
But we don't mean to trespass, don't mean to enroach,
On the world to which you adults have laid claim.
All we ask is the chance to prove false our bad name."
As I looked at the man and he looked at me
I saw what before in his eyes I did not see:
Understanding, compassion, and even respect.
In my own eyes he now saw the same, I suspect.
And I thought to myself how nice it would be,
If we all looked at each other the way he looked at me.

Catherine Evans, Secondary III

VALEDICTORY ADDRESS 2001

How do you leave the place that you've come to know as home? Five years ago, it would have been impossible to know exactly how difficult this final goodbye will be. Our first encounter at Sacred Heart is but a memory, a faded image of unfamiliar halls made less harsh by cheerful, welcoming girls, and teeming with our little faces trying to hide their hope, awe and fear. We stood in a line, wondering... "Could the entrance exam possibly be as easy as Villa's?" and "What on earth is wrong with that girl at the end of the line who made herself sick? It's only an entrance exam." As we waited to take those first, timid steps toward the future, we all asked ourselves the most pressing question; "How much fun could I possibly have at a school without boys?" Oh, how little we knew. Despite this apparent downside, we ended up here, together, and I truly believe that we are better for it.

I have often wondered who I would be, had I never walked through those doors, and today I ask myself also, what my life would be like, had any of you, my fellow graduates and friends, not chosen to spend the past five years of your lives here. Each one of you simply by being yourself has made an imprint on my soul that will stand the test of time. I will forever cling to the little things, the small acts of kindness that existed only within these walls: sending someone the only candy-cane-o-gram she might have received, stooping down to pick up yet another fallen pencil case, lending someone your coat when she'd forgotten hers, taking the train home with a friend though the bus is so much faster, sneaking a hug during the sign of peace at mass, staying after school to hold a crying friend, though you're already late, explaining chemistry to a panicked classmate at 7:30 the morning of a test, telling someone that she is a nice person and meaning it, believing in someone more than she believes in herself, the rides home after basketball, and the smiles. These gestures seem like nothing at the time but you will never know how much these little acts meant.

One of my classmates once told me that if you look hard enough, you can see the good in anyone. As a member of the class of 2001, looking out at your shining faces, I can say that I have never had to strain my eyes. All of you have touched me in ways small or big, and that's exactly why I will miss you so much, and could never forget any of your beautiful smiles.

What lies behind us and what lies before us are small matters compared to what lies within us. While we share a past to be cherished, and our futures promise to be glorious, it is only because the seeds within us have been tended with such great care. We have grown up together, and have matured into beautiful flowers, because those who looked after us were never too busy. We have been showered with care, first by our parents and then by the teachers who devoted so much time to their little seedlings. I can only hope that we have grown tall enough and strong enough to survive and flourish on our own, and to make you proud, for we will never again know the same attention you have so generously given to us.

Now the world awaits and we must leave. The hardest part is knowing that we are all going to move on. No matter where we go from here, we will pursue, and find happiness. What hurts so much is that we are about to begin a completely new chapter in our lives that may not include our best friends and the safe haven of this building, yet time does not stop. Our lives will go on without these elements we once took for granted, and we'll soon fill these voids with new faces and experiences. Nothing will ever be the same, but it won't be bad. We won't live with a dull ache in our hearts, we won't think of each other every waking hour, and we will be happy- but that doesn't mean we will forget. Even with all that is fresh and new, our old friends and mentors will never truly leave us. It is they who have given us so much of themselves, they have taught us that who we are makes a difference, and they are the ones who have given us our smiles. It hurts so much to know that tomorrow we will no longer need each other, but it is a reality, because those closest to our hearts believe in us enough to let us go.

Now, tomorrow has come, and it has come too soon. So how do you leave the place you call home? You walk on, straight through those doors, with your head up high, a smile on your face, and a tear in your eye. Mourning the past, ready to embrace the future. And in your heart, you hold the knowledge that wherever the future will lead you, those who love you, always will. Farewell.

Catherine Snell, Class of 2001

SPECIAL PRIZES AND AWARDS MERITED BY MEMBERS OF THE CLASS OF 2001

Madeliene Bellemare

The Sacred Heart Music Award
Parents' Guild Prize for Social Studies
City House Foundation Bilingual Proficiency Prize

Danielle Dufort

Sacred Heart B.L.C. Award for English

Kristen Amber Lange

Judith Rossi Memorial Prize for Drama

Victoria Mandilaras

Soeur Annette Archambault Memorial Prize for French Second Language
Sacred Heart B.L.C. Award for English
Honour Roll Prize for five years on Honour Roll

Jane Frances Parayno

Frances Smith Memorial Prize for significant contribution to the life of the school

Manoji Periera

Sister Gertrude McNamara Memorial Prize for Mathematics
Sacred Heart B.L.C. Award for English
Honour Roll Prize for five years on Honour Roll

Romina Perri

Patty Forbes Memorial Prize for Health Sciences
Honour Roll Prize for five years on Honour Roll

Kathryn Liane Potvin

Provincial Council Award for exceptional concern for the needs of others

Laura Sanchini

Bruce M. Hicks Public Service Award

Josee Ria Tuvida

Heather MacDougall Memorial Prize for Fine Arts

Meredith Brooks

Headmistresses' Memory Book Award

Alessandra Pansera

Headmistresses' Memory Book Award

Catherine Frances Snell

Debating Prize
Sacred Heart B.L.C. Award for English
Auriol Wilkins Roper Memorial Prize for Inter-school Sports
Estelle Fitzgibbon Memorial Prize for highest composite average in Science
Honour Roll Prize for five years on Honour Roll
Governor General's Medal and Parents' Guild Award for the student with
the highest general average

LOSING YOUR MIND

good friends

What is the moment worth?

best supporting friend.

CULTURE CLASH

be you.

ANYTHING...

SAY

Yesterday

FORGET THAT SILLY
TREND OF FAKE
SURVIVORS EATING
RATS ON AN ISLAND.

Laughter is the best medicine.

Please Save Us

What are
the forces
that move you?

the facts
of friendship

say it loud

THE GIRL FORCE
OF TODAY IS
THE WORK FORCE
OF TOMORROW

the INFAMOUS
"confused sheep"

Moo.



Doesn't it
just feel
like Friday

Spaz-Time

BE EVERYONE YOU ARE

d r e a m o n prom date

expect everything

wired

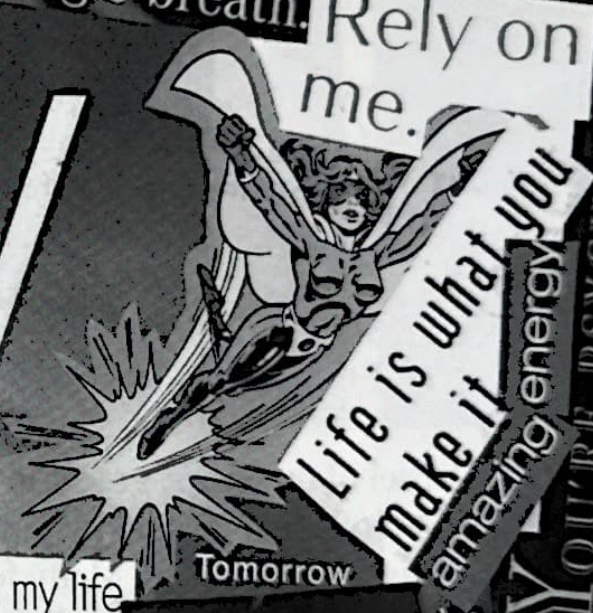
each
her own

day

celebrate!
I've got a great idea
countdown
to summer
endless possibilities.

He loves me. He loves me not. begin.
Who cares? Live. A lot. Unleash
yourself upon the world and go! Go now! And
fly free in the frowning face of convention.
Giggle. No, laugh. No, howl as if you've never
grown up. Understand that this is not a dress
rehearsal, this is it! Take it all in. Yes, every
last rose and every single breath.

Rely on
me.



Life is what you
make it
amazing energy

"I don't want to spend my life
waiting for a couple
of years to go by so that I
can be rich. I want to be rich
now by enjoying my life"

Tomorrow
Who will you be
a moment of laughter
is the best therapy

This is life. (Lies. Rumors. Betrayal.
Who says high school isn't fun?)
BEING CIVILIZED
IS DULL, BORING AND
OLD FASHIONED
all grown up
nostalgia
It takes strength
to hold on to forever.
MAKE WAVES. HERE. NOW.

ABOLD
SPIRIT ALWAYS
STANDS OUT
live it
don't compromise.

Think less. Dream more.

IT CHANGES EVERYTHING.

DESIDERATA

Go placidly amid the noise and haste and remember what peace there may be in silence. As far as possible without surrender be on good terms with all persons. Speak your truth quietly and clearly; and listen to others; even the dull and ignorant; they too have their story.

Avoid loud and aggressive persons, they are vexatious to the spirit. If you compare yourself with others, you may become vain and bitter; for always there will be greater and lesser persons than yourself. Enjoy your achievements as well as your plans.

Keep interested in your own career however humble; it is a real possession in the changing fortunes of time. Exercise caution in your business affairs; for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals; and everywhere life is full of heroism.

Be yourself. Especially, do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment it is perennial as the grass.

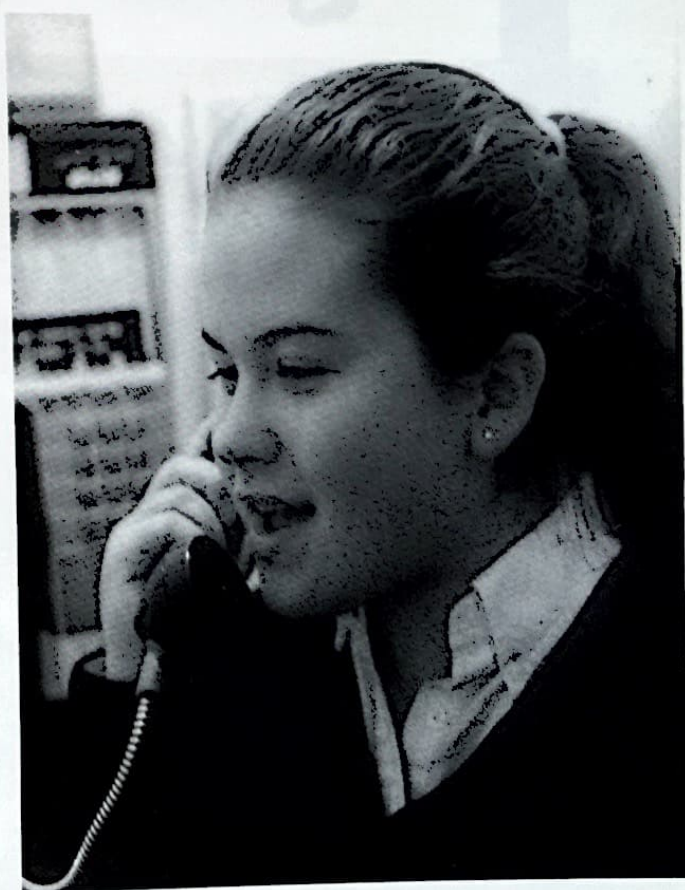
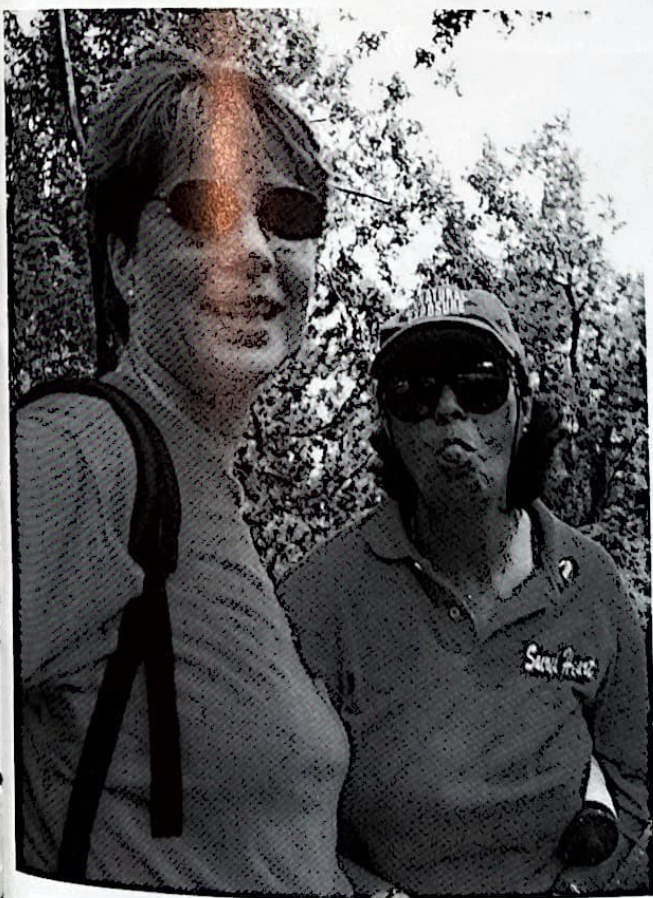
Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with imaginings. Many fears are born of fatigue and loneliness. Beyond a wholesome discipline, be gentle with yourself.

You are a child of the universe, no less than the trees and the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should.

Therefore be at peace with God, whatever you conceive Him to be, and whatever your labors and aspirations, in the noisy confusion of life keep peace with your soul.

With all its sham, drudgery and broken dreams, it is still a beautiful world.
Be cheerful. Strive to be happy

MAX EHLMANN 1927



Grads of 2001

We welcome you
as new Sacred
Heart Alumnae.
Congratulations,
and we wish you
the best of luck.

*The Alumnae
Association*



To Sacred Heart

From



CryoCath Technologies

*World leader in medical technology
taking care of the "heart"*



Those who achieve success are those who
Take a dream and make it come true

It takes a lot of planning,
Ambition and determination too!

And now that you've achieved your goal,
May you go on from here,
To more success and happiness,
With every future year!

Embrace the challenge
Reach for the stars
There is no limit to what you can achieve
Knowledge is Power
Show the world you can do it!

Congratulations to all the grads of 2001
The Conca Family

PS: Tania you have made us proud, keep it up
And remember the sky is the limit!

Love,
Mom, Dad & Amanda
XOXO



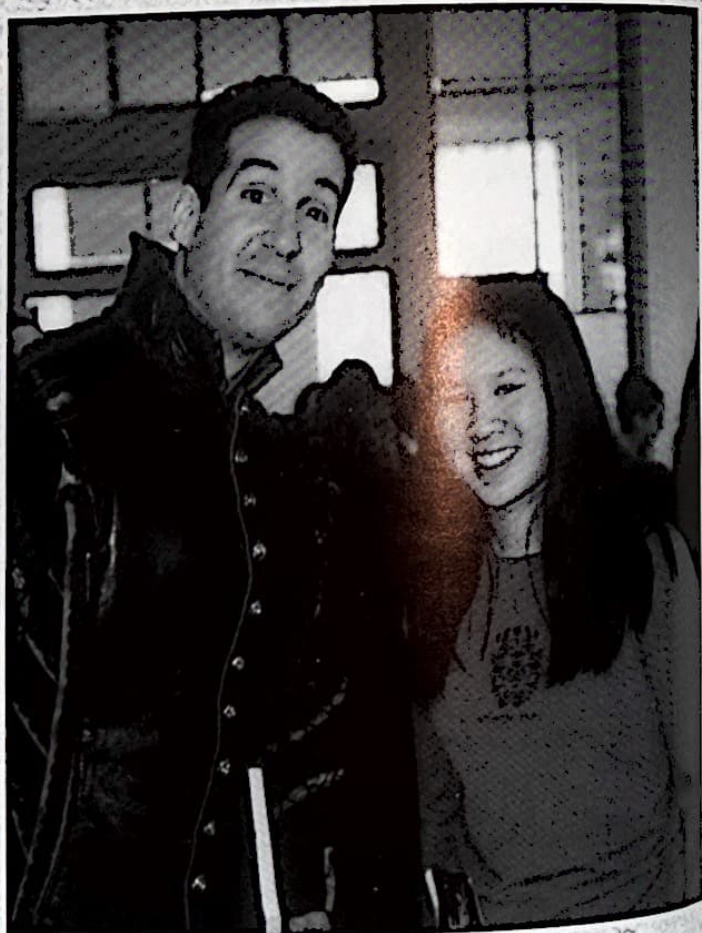
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The Parents' Guild Congratulates The Class of 2000-2001

One day at a time - this is enough.
Do not look back and grieve over the
past, for it is gone;
and do not be troubled about the future,
for it has not yet come.
Live in the present, and make it so
beautiful that it will be worth
remembering.

Ida Scott Taylor







THE SACRED HEART SCHOOL OF MONTESSORI

2001